

# $^{175}\text{Lu}$ in PET DETECTORS - IMPACT ON MEDICAL IMAGE AND LEGAL REMEDIATION ISSUES



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## Introduction

- The current PET devices contain scintillation crystals based on lutetium – LSO or LYSO
- Lutetium is found in the monazite sand ores [(Ce, La, etc.)PO<sub>4</sub>] or in carbonate-fluoride minerals [(Ce, La, etc.)(CO<sub>3</sub>)F]
- Naturally occurring lutetium is composed of one stable isotope  $^{175}\text{Lu}$  and one long-lived radioisotope  $^{176}\text{Lu}$  (abundance 2,6%;  $T_{1/2}=(3,56\pm 0,07)\times 10^{10}$  years, with  $\beta$ - decay ( $E_{\text{max}}=596$  keV), followed by three simultaneous  $\gamma$ -ray emissions (energies: 88, 202 and 307 keV)).
- Taking into account long half-life, lutetium natural radioactivity could be considered as constant:  $52,61\pm 0,36$  Bq/g

Figure 1. Lutetium was discovered with ytterbium in 1907., at the same time by Georges Urbain, Baron Carl Auer von Welsbach and Charles James.



## Objective

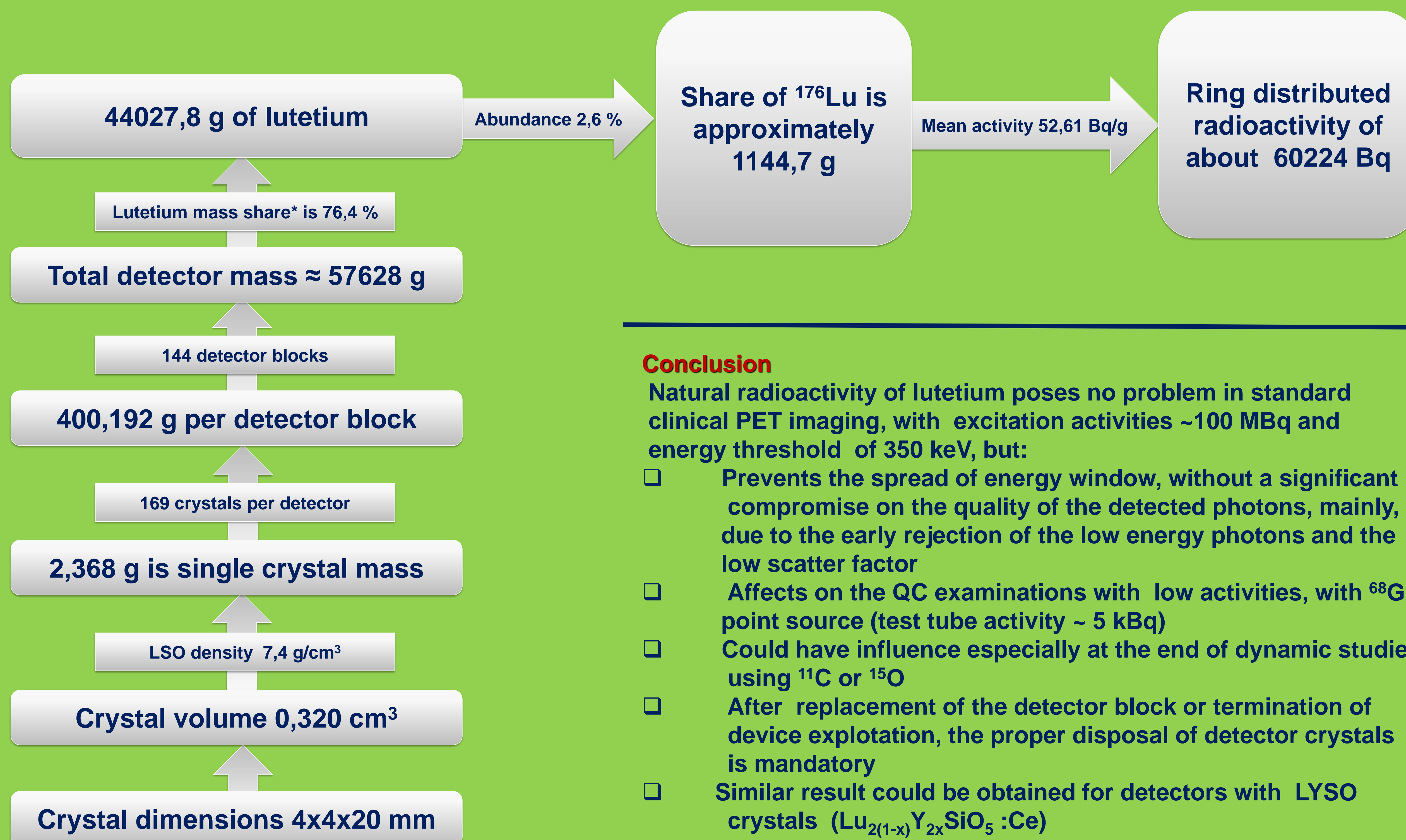
The objective of this work was to estimate the amount of radioactive lutetium in PET-CT device from University Clinical Centre of Serbia (with LSO detectors), with relevant discussion about:

- potential impact of  $^{176}\text{Lu}$  natural radioactivity on the diagnostic information;
- Importance of remediation, to protect environment

## Methods

Based on the dimensions of the LSO ( $\text{Lu}_2\text{SiO}_5:\text{Ce}$ ) crystals, LSO density, mass share and the total number of crystals, it was estimated the contribution of radioisotope  $^{176}\text{Lu}$  in the overall mass, and the associated radioactivity.

## Results



## Conclusion

Natural radioactivity of lutetium poses no problem in standard clinical PET imaging, with excitation activities ~100 MBq and energy threshold of 350 keV, but:

- Prevents the spread of energy window, without a significant compromise on the quality of the detected photons, mainly, due to the early rejection of the low energy photons and the low scatter factor
- Affects on the QC examinations with low activities, with  $^{68}\text{Ge}$  point source (test tube activity ~ 5 kBq)
- Could have influence especially at the end of dynamic studies using  $^{11}\text{C}$  or  $^{15}\text{O}$
- After replacement of the detector block or termination of device exploitation, the proper disposal of detector crystals is mandatory
- Similar result could be obtained for detectors with LYSO crystals ( $\text{Lu}_{2(1-x)}\text{Y}_{2x}\text{SiO}_5:\text{Ce}$ )

\* -The impact of cerium in the mass share is neglected (below 0,1%)