

HEALTH ECONOMICS RADIOTHERAPY IN CERVICAL CANCER

Alfredo Polo MD, PhD

Applied Radiation Biology and Radiotherapy Section
Division of Human health







COSTS

PERSPECTIVE

OUTCOMES

- Direct medical costs
- Direct non-health care costs
- Changes in use of informal caregiver time
- Patient time costs

- Societal
- Patient
- Payer



COSTS

- Direct medical costs
- Direct non-health care costs
- Changes in use of informal caregiver time
- Patient time costs

PERSPECTIVE

- Cost-minimization analysis
- Cost-benefit analysis
- Cost-effectiveness analysis
- Cost-utility analysis

OUTCOMES

- Societal
- Patient
- Payer

COST-MINIMIZATION	COST-BENEFIT	COST-EFFECTIVENESS	COST-UTILITY
<ul style="list-style-type: none"> • The outcome of interest for the experimental treatment or intervention does not differ from the standard treatment, resulting in the intervention with the least cost being the favoured intervention. • It may not be “cost-effective” to perform an economic analysis of interventions that do not differ from a standard intervention or treatment. 	<ul style="list-style-type: none"> • In a cost-benefit analysis, both cost and effects are valued in terms of currency. • It is very difficult to value a year of life saved or a cancer prevented. • The output of the cost-benefit analysis is an unit-less ratio with a higher number being preferred. 	<ul style="list-style-type: none"> • The cost (numerator) remains the same while the denominator contains the outcome or effect of interest (overall survival, disease-free survival or number of cancers prevented or detected). • The Result is a ratio with the units \$/life year or \$/disease-free life year. • Threshold to separate cost-effective interventions is \$50,000/ life year. • There are some, however, that think this ratio should be higher 	<ul style="list-style-type: none"> • The cost (numerator) remains the same while but the denominator is quality-adjusted survival, which is usually measured in quality-adjusted life years (QALYs). • A QALY is a discounted value of health care that adjusts survival by a patient preference for the health state a patient was in at the time of the measurement. • Cost-utility analyses are helpful in trying to compare nonsimilar health interventions.

INCREMENTAL COST-EFFECTIVENESS RATIO (ICER)

$$\text{ICER} = \frac{(C_1 - C_0)}{(E_1 - E_0)}$$

C_1 = Cost of new intervention

C_0 = Cost of the reference intervention

E_1 = Outcome of new intervention (Benefit, Effect or Utility)

E_0 = Outcome of the reference intervention (Benefit, Effect or Utility)

INCREMENTAL COST-EFFECTIVENESS RATIO (ICER)

	Reference treatment	New treatment
Cost	1000\$	1200\$
Outcome (Effect)	65 %	75 %

$$\text{ICER} = \frac{(C_1 - C_0)}{(E_1 - E_0)}$$

$$\text{ICER} = \frac{1200 - 1000}{75 - 65}$$

$$\text{ICER} = 20\$ \text{ per each } 1\% \text{ increment in effect}$$

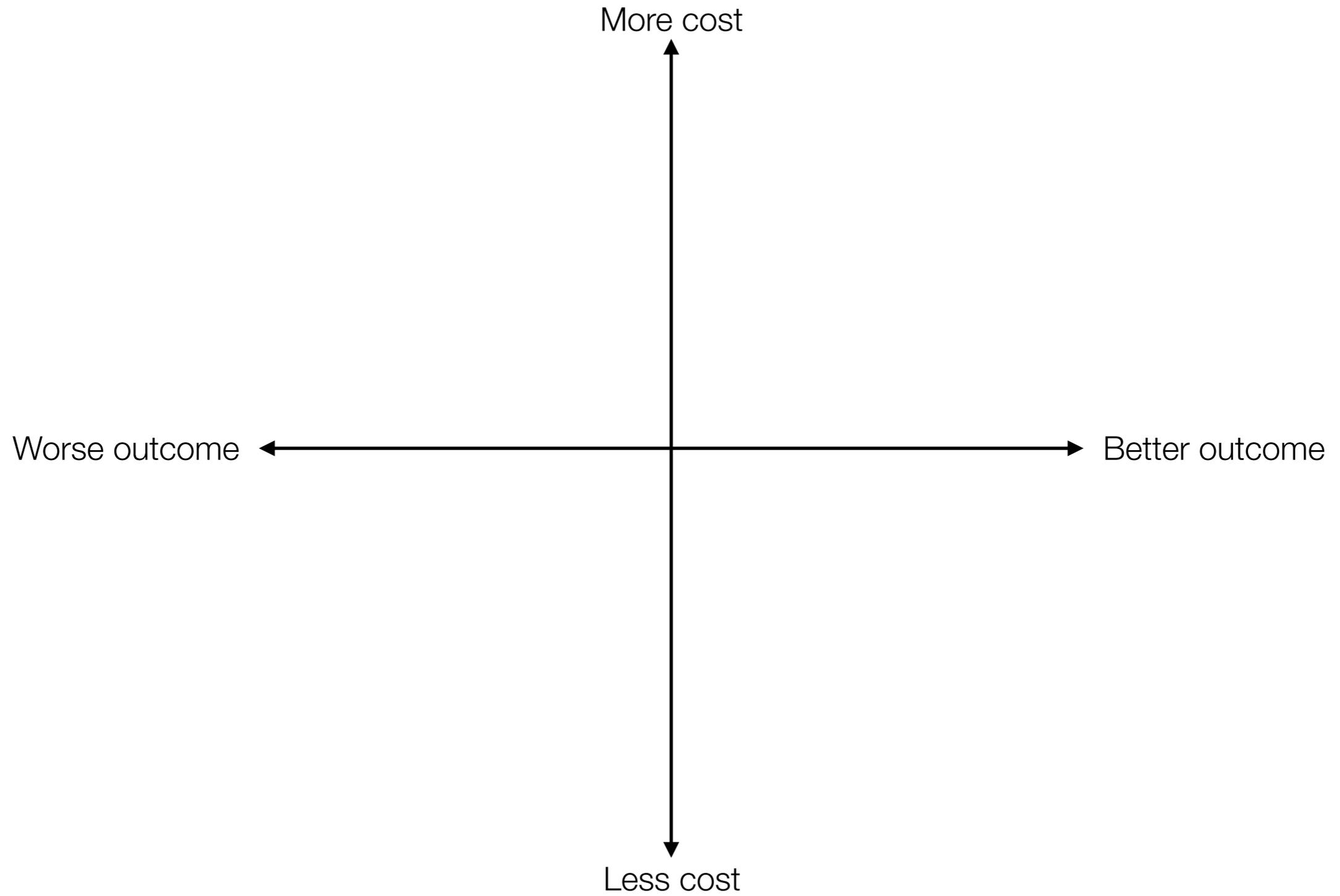
INCREMENTAL COST-EFFECTIVENESS RATIO (ICER)

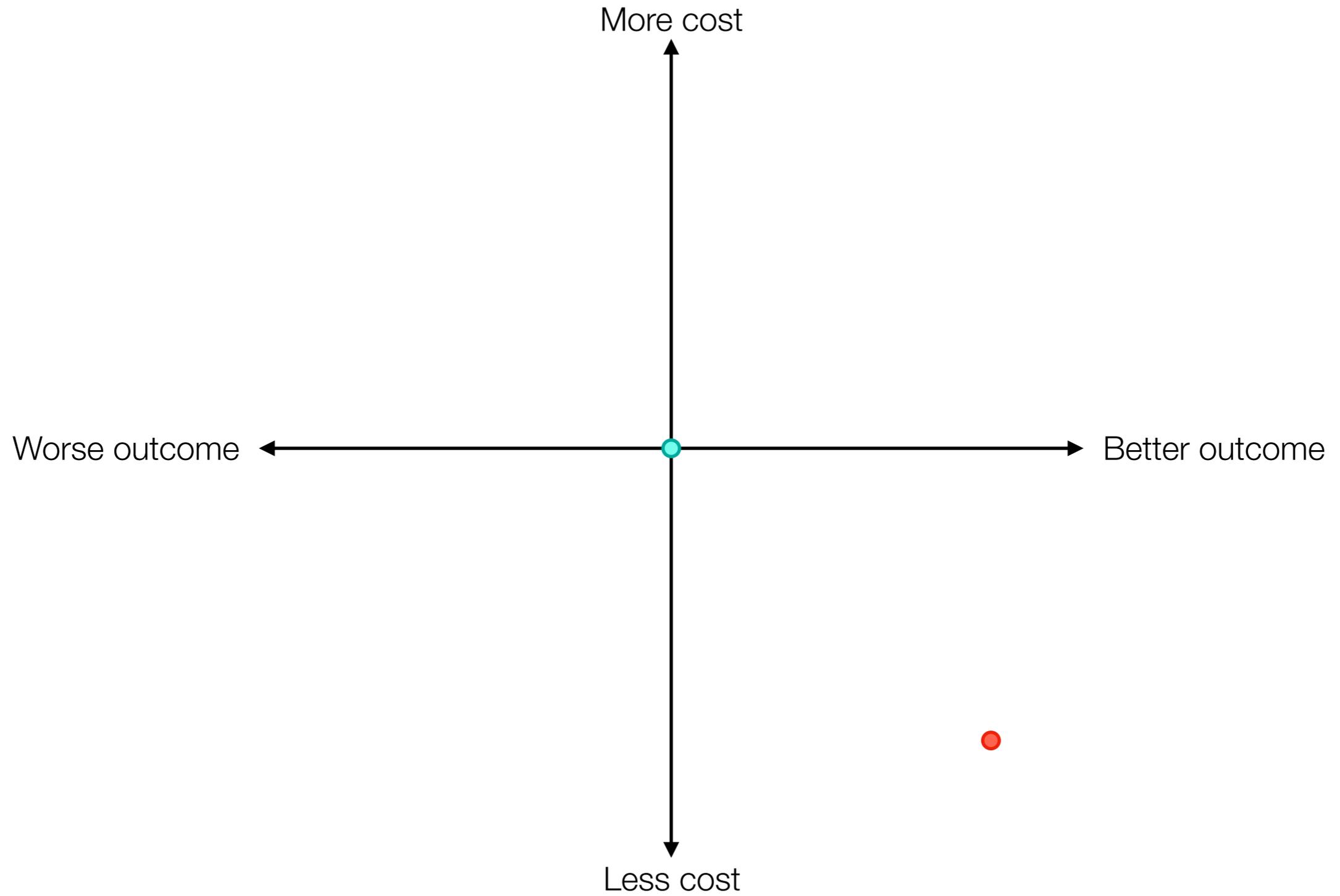
	Reference treatment	New treatment
Cost	1000\$	2000\$
Outcome (Effect)	60 %	65 %

$$\text{ICER} = \frac{(C_1 - C_0)}{(E_1 - E_0)}$$

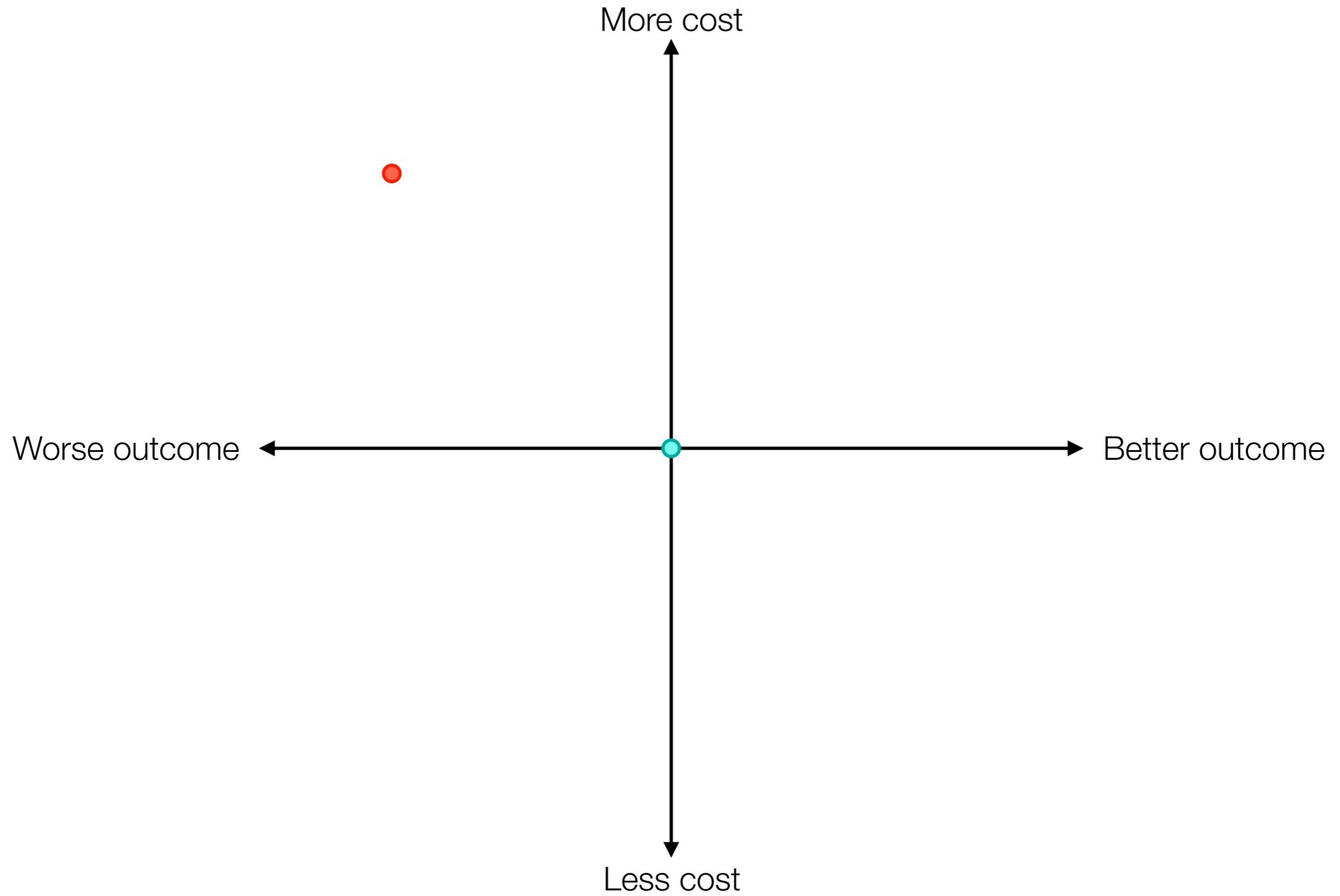
$$\text{ICER} = \frac{1200 - 1000}{75 - 65}$$

ICER = 200\$ per each 1% increment in effect

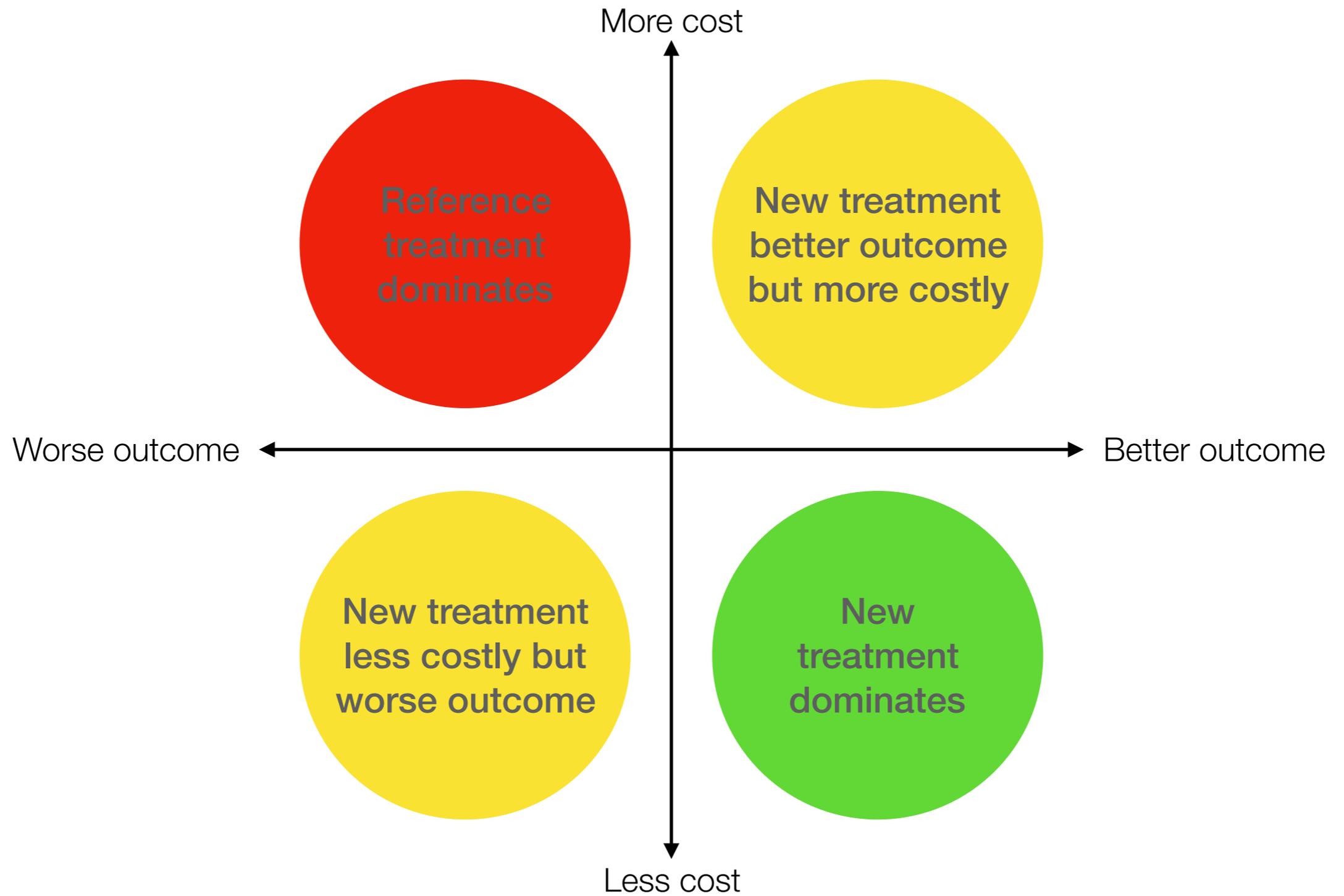


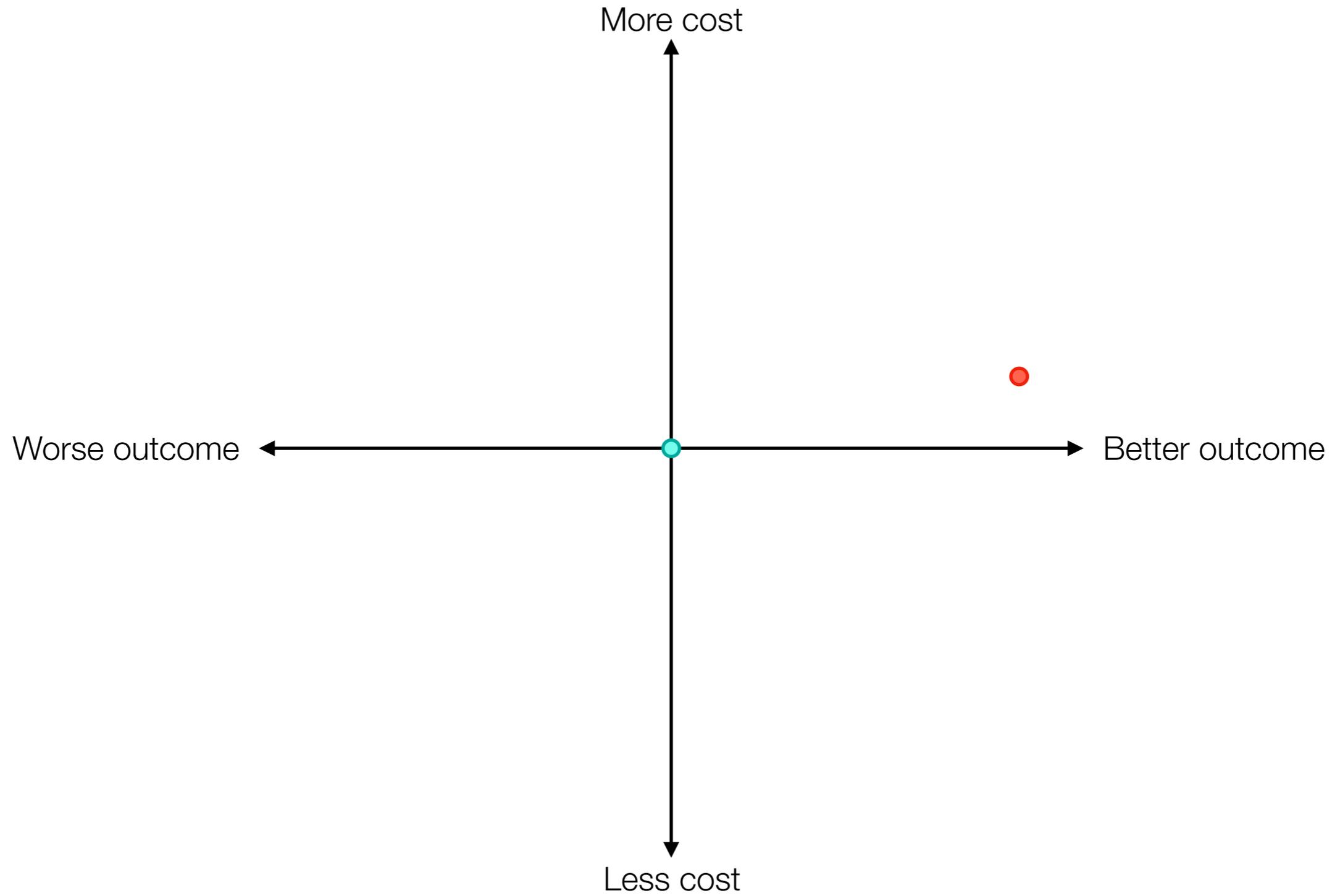


- Reference treatment
- New treatment

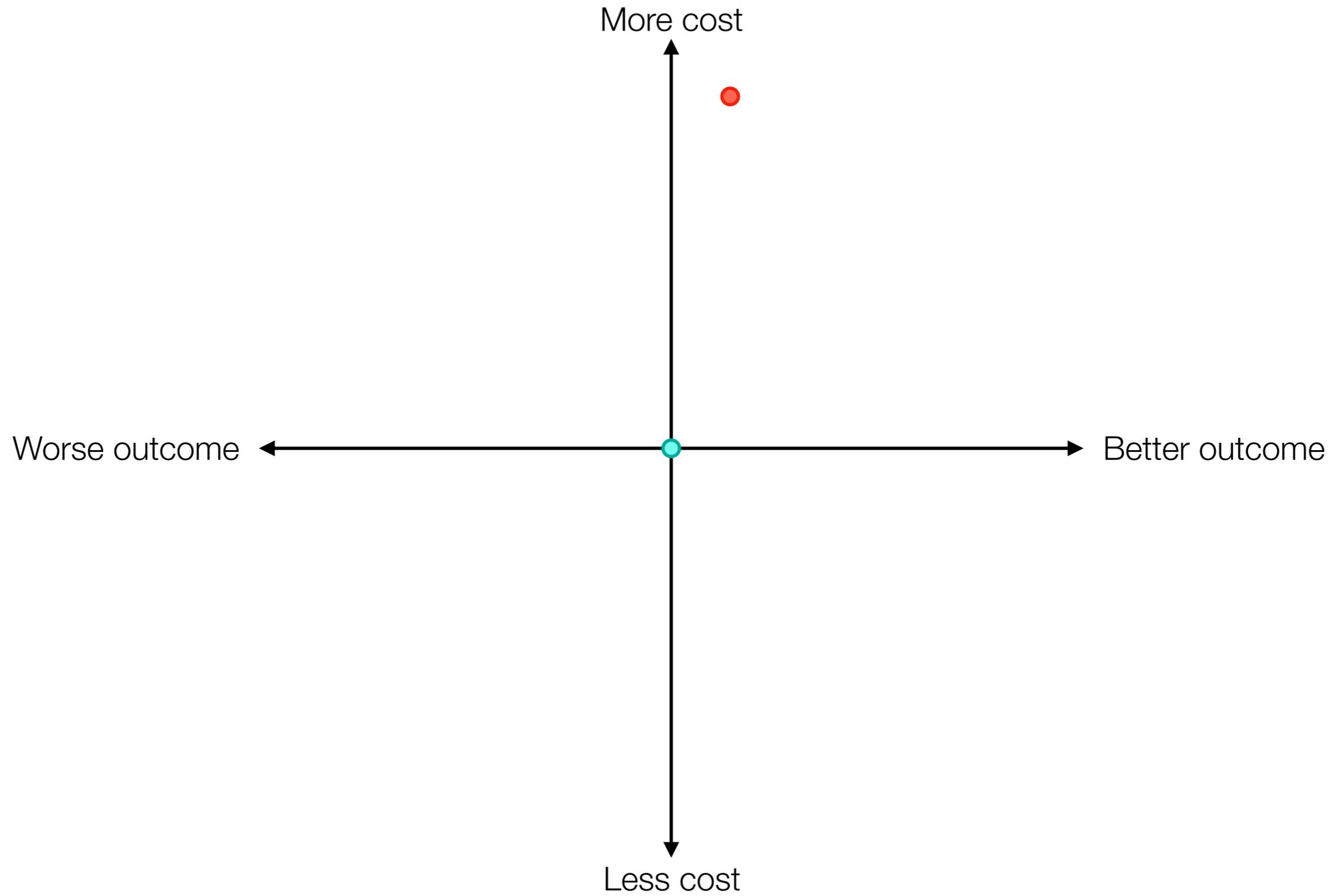


- Reference treatment
- New treatment

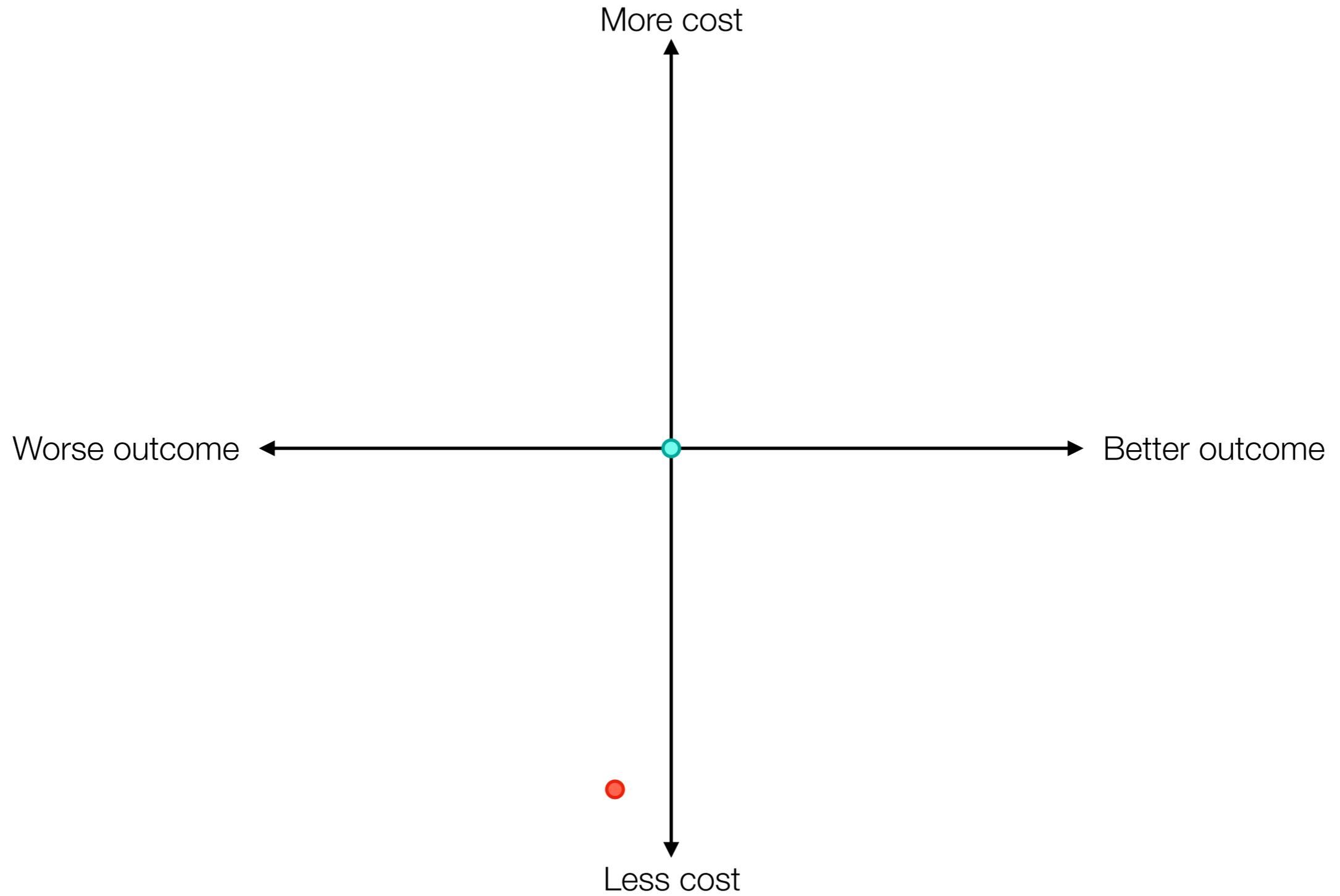




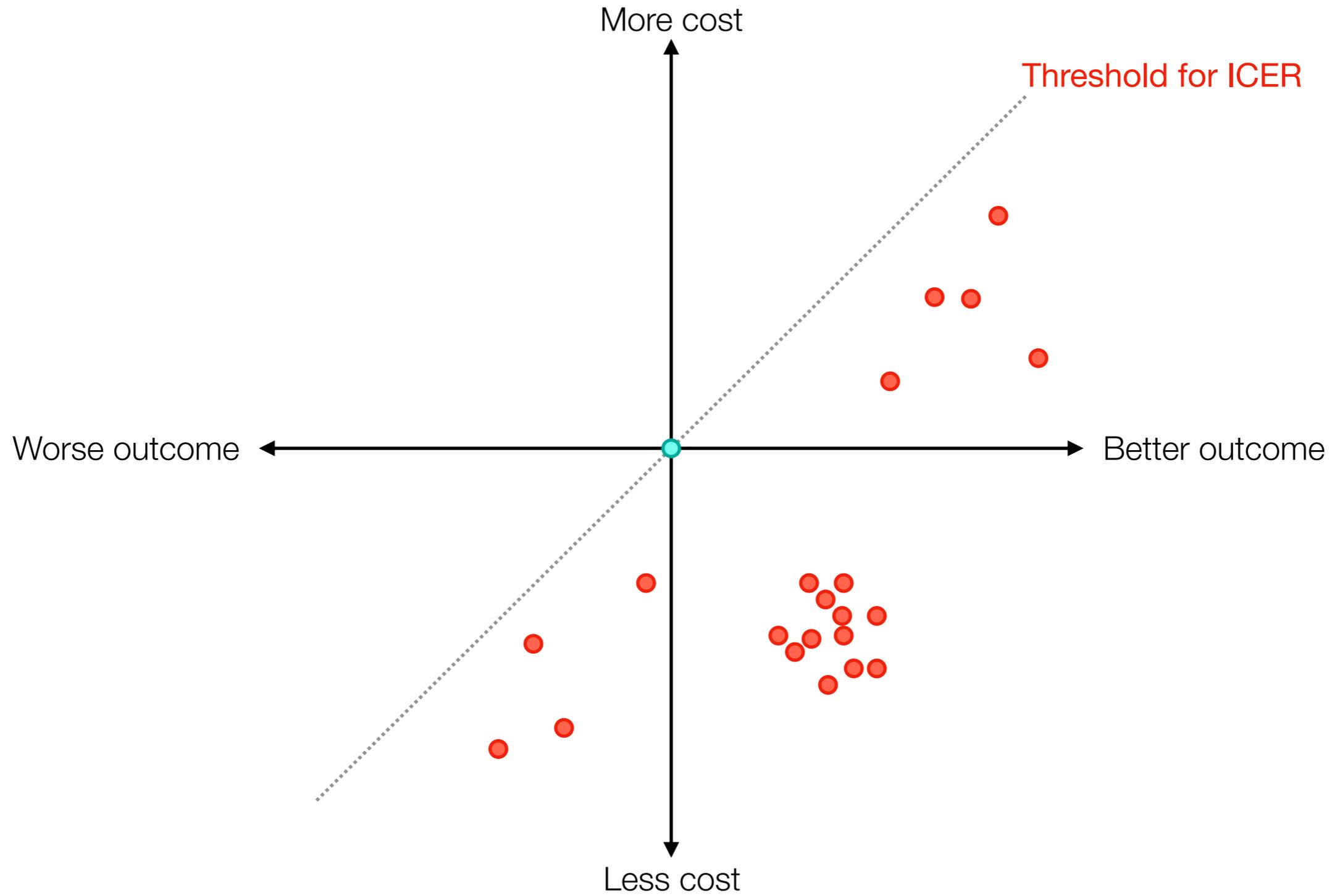
- Reference treatment
- New treatment



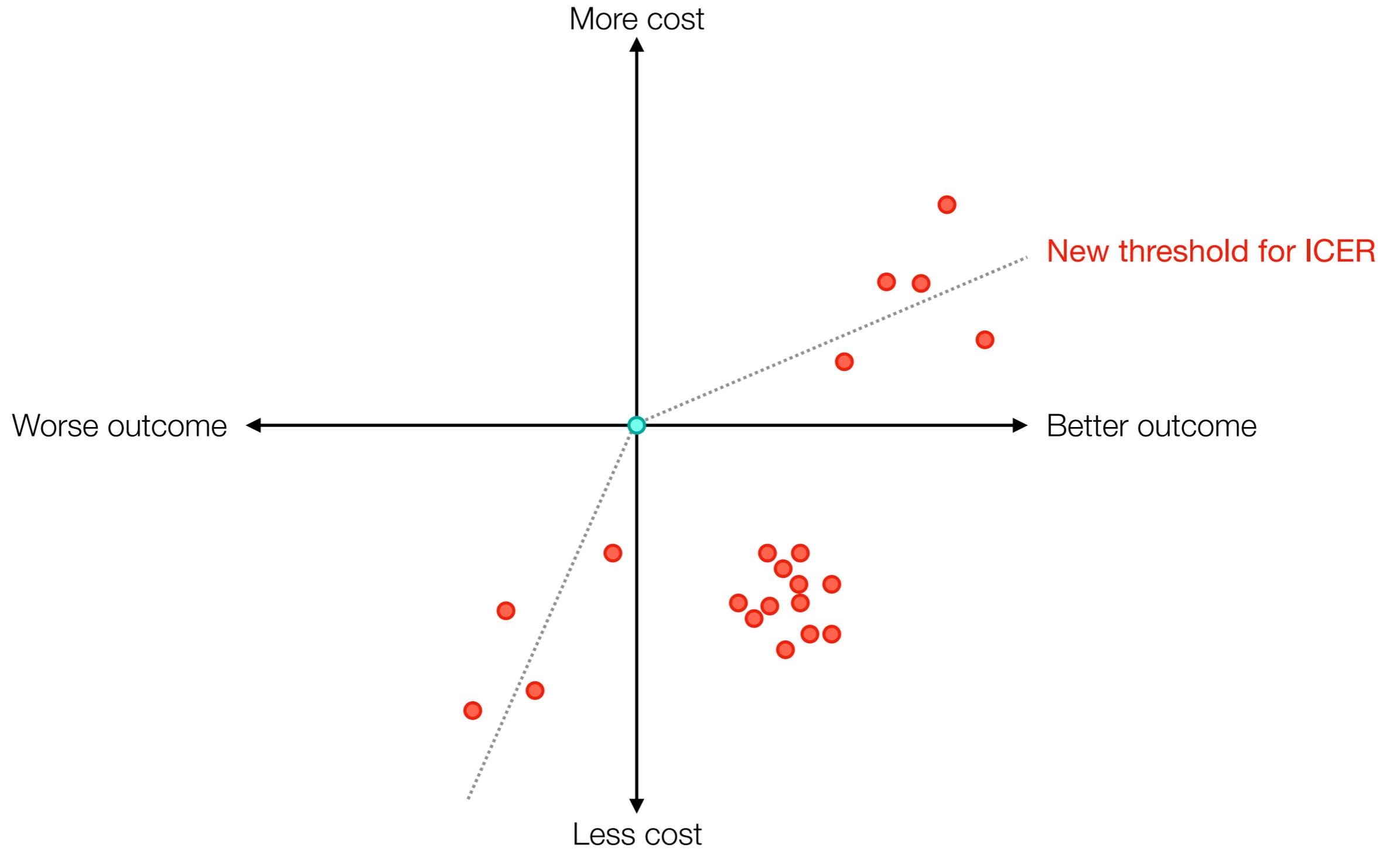
- Reference treatment
- New treatment



- Reference treatment
- New treatment



- Reference treatment
- New treatment



- Reference treatment
- New treatment

THRESHOLDS FOR ICER

- Level of costs and effects that an intervention must achieve to be acceptable in a given health-care system.
- Hard vs. Soft thresholds
- Threshold approach vs. Budget approach
- Cost-effectiveness affordability

Weinstein M, Zeckhauser R. Critical ratios and efficient allocation. *J Public Econ* 1973;2:147–57.

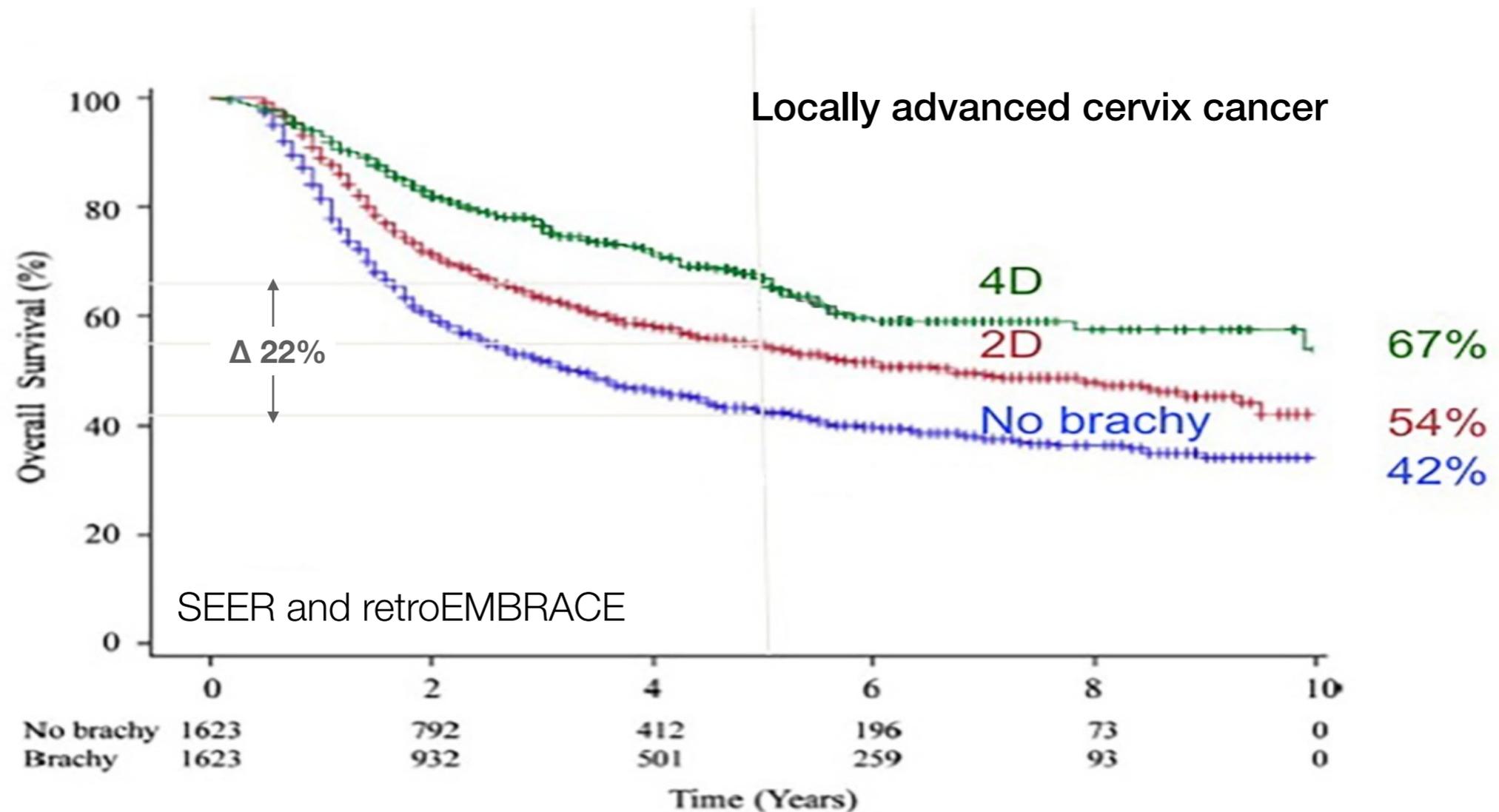
Torrance GW, Siegel JE, Luce BR. Framing and designing the cost-effectiveness analysis. In: Gold MR, Siegel JE, Russell LB, Weinstein MC, eds., *Cost-Effectiveness in Health and Medicine*.

Eichler, H. G., Kong, S. X., Gerth, W. C., Mavros, P., & Jönsson, B. (2004). Use of cost-effectiveness analysis in health-care resource allocation decision-making: how are cost-effectiveness thresholds expected to emerge. *Value Health*, 7(5), 518-528.

THRESHOLDS FOR ICER IN CERVIX CANCER

- No consensus in US for C/E criterion threshold
- Interventions costing less than \$100,000 per QALY gained are typically considered economically reasonable
- A \$50,000 per QALY gained criterion is commonly cited as the minimum of willingness to pay

COST-EFFECTIVENESS OF INTERVENTIONS IN CERVIX CANCER

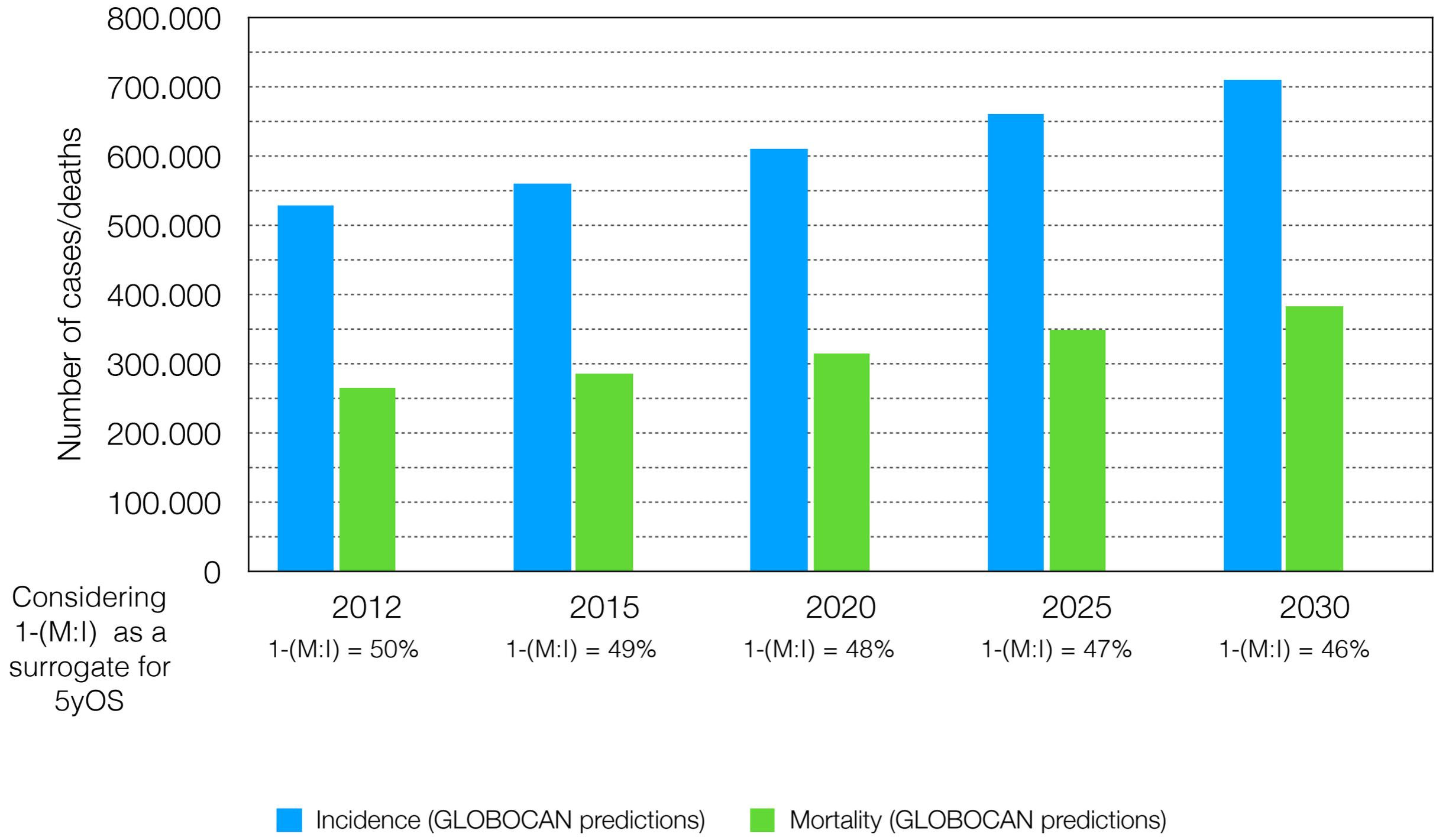


Han, K., Milosevic, M., Fyles, A., Pintilie, M., & Viswanathan, A. N. (2013). Trends in the utilization of brachytherapy in cervical cancer in the United States. *Int J Radiat Oncol Biol Phys*, 87(1), 111-119.

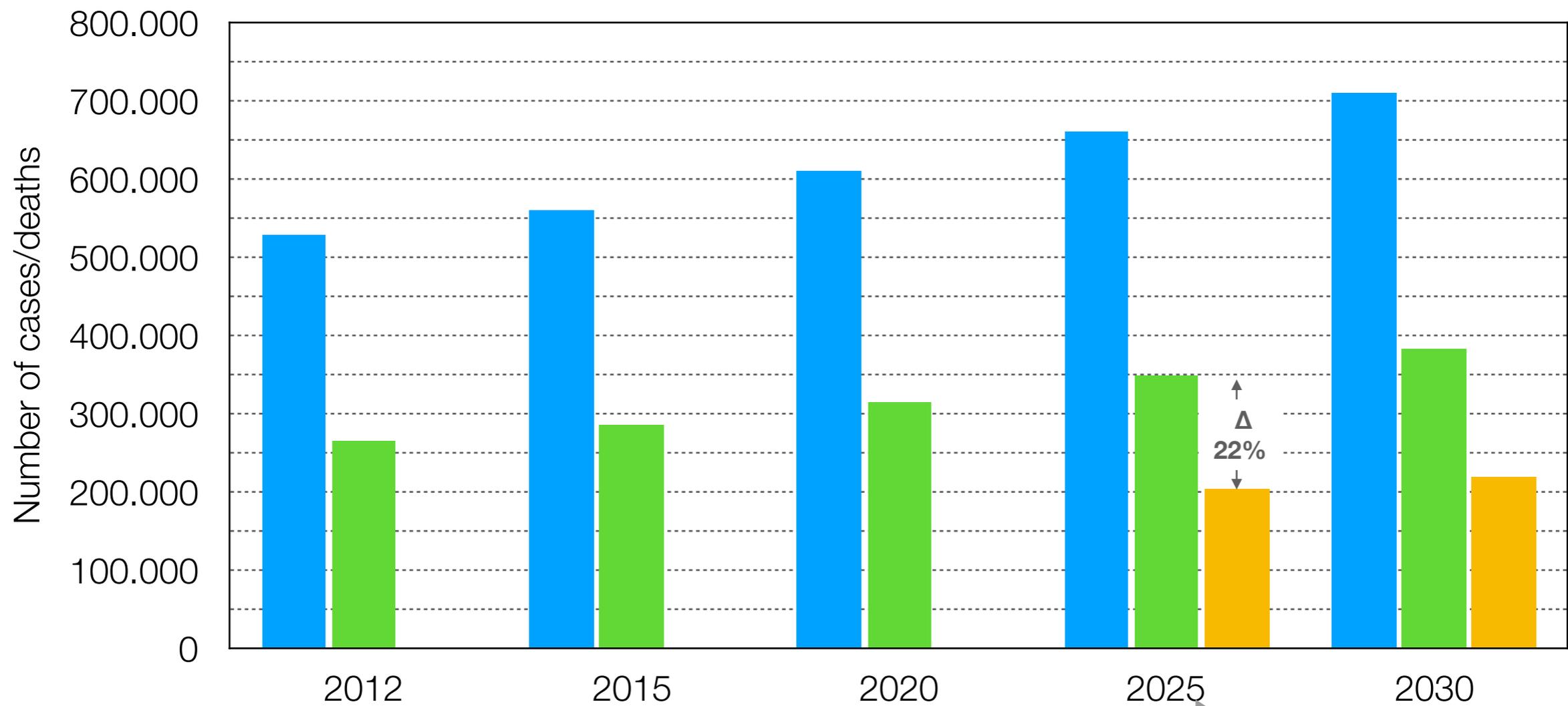
Sturdza, A., Pötter, R., Fokdal, L. U., Haie-Meder, C., Tan, L. T., Mazon, R. et al. (2016). Image guided brachytherapy in locally advanced cervical cancer: Improved pelvic control and survival in RetroEMBRACE, a multicenter cohort study. *Radiother Oncol*, 120(3), 428-433.

COST-EFFECTIVENESS OF INTERVENTIONS IN CERVIX CANCER

Author	Reported years	By stage				All stages combined	Case-mix	Comment
		Stage I	Stage II	Stage III	Stage IV			
Komaki et al., 1995 Hanks et al., 1983 Coia et al., 1990	1973	79 %	62 %	25 %	-			Patterns of care study (Radiation Oncology Facilities)
	1978	75 %	58 %	39 %	-		I: 36% II: 41% (IIB:28%) III: 20%	
	1983	81 %	57 %	47 %	-		I: 38% II: 40% III: 18% Unknown: 4%	
Jones et al., 1995	1984	IA: 93% IB: 80%	IIA: 67% IIB: 64%	37 %	11 %	68 %	61% early 39% advan.	Patterns of care study (American College of Surgeons)
Potter et al., 2000	1993-1997	IA: 100% IB: 61%	IIA: 75% IIB: 69%	IIIA: 48% IIIB: 46%	IVA: 40% IVB: 0%	58 %	13% early 87% advan.	Single institution 3y OS
Chemoradiotherapy, 2008	1987 - 2006	-	-	-	-	60% (RT) 66% (RTCT)	IIB/III: 72%	Meta-Analysis 15 trials 3452 women
Han et al., 2013	1998 - 2009	-	-	-	-	46% EBRT 58% EBRT + BT	IB2: 8% II: 52% III: 35% IV: 3%	SEER review 7359 women 4yOS
Sturdza et al., 2016	1998-2012	IA: 100% IB: 83%	IIA: 80% IIB: 70%	IIIA: 42% IIIB: 42%	32 %	65% (RT no CT) 69% (RTCT)	IB: 16% IIA: 6% IIB-IV: 76%	RetroEMBRACE 5y OS 69% is the target for fully implemented RTCT



Considering
1-(M:I) as a
surrogate for
5yOS



Assuming an immediate implementation of full radiotherapy capacity, the impact over the next years could be a reduction of 22% in the mortality rate

■ Incidence (GLOBOCAN predictions)
 ■ Mortality (GLOBOCAN predictions)
 ■ Mortality after full RT implementation



Cost-effectiveness analysis of 3D image-guided brachytherapy compared with 2D brachytherapy in the treatment of locally advanced cervical cancer

Hayeon Kim^{1,*}, Malolan S. Rajagopalan¹, Sushil Beriwal¹, M. Saiful Huq¹, Kenneth J. Smith²

¹Department of Radiation Oncology, University of Pittsburgh Cancer Institute, Pittsburgh, PA

²Department of Medicine, University of Pittsburgh School of Medicine, Pittsburgh, PA

Table 3

ICER for 3D IGBT compared with 2D conventional brachytherapy

Strategy	Cost (\$)	Incremental cost	Effectiveness (QALY)	Incremental effectiveness (QALY)	ICER (\$ per QALY gained)
2D	18,817	—	2.01	—	—
3D IGBT (CT)	21,820	3003	2.17	0.16	18,634
3D IGBT (MRI)	23,293	4476	2.17	0.16	27,774

ICER = incremental cost-effectiveness ratio; 3D = three-dimensional; IGBT = image-guided brachytherapy; 2D = two-dimensional; QALY = quality-adjusted life-year.

- Using the threshold for ICER of \$50000, MRI-based brachytherapy can be adopted as treatment of locally advanced cervix cancer.
- Other factors have to be analysed (time consumption...)

INCREMENTAL COST-EFFECTIVENESS RATIO (ICER)

BRACHYTHERAPY IN LOWER-MIDDLE INCOME COUNTRIES

	EBRT only	EBRT + 3DBT
Cost	1606\$	2316\$
Outcome (Effect)	42 %	69 %

$$\text{ICER} = \frac{(C_1 - C_0)}{(E_1 - E_0)}$$

$$\text{ICER} = \frac{2316 - 1606}{69 - 42}$$

ICER = 26\$ per each 1% increment in effect

CONCLUSIONS