

HEALTH ECONOMICS RADIOTHERAPY IN CERVICAL CANCER

Alfredo Polo MD, PhD

Applied Radiation Biology and Radiotherapy Section
Division of Human health





COSTS

OUTCOMES





COSTS

PERSPECTIVE

OUTCOMES

- Direct medical costs
- Direct non-health care costs
- Changes in use of informal caregiver time
- Patient time costs

- Societal
- Patient
- Payer



COSTS

- Direct medical costs
- Direct non-health care costs
- Changes in use of informal caregiver time
- Patient time costs

PERSPECTIVE

- Cost-minimization analysis
- Cost-benefit analysis
- Cost-effectiveness analysis
- Cost-utility analysis

OUTCOMES

- Societal
- Patient
- Payer

| COST-MINIMIZATION | COST-BENEFIT | COST-EFFECTIVENESS | COST-UTILITY |
|---|--|---|---|
| <ul style="list-style-type: none"> • The outcome of interest for the experimental treatment or intervention does not differ from the standard treatment, resulting in the intervention with the least cost being the favoured intervention. • It may not be “cost-effective” to perform an economic analysis of interventions that do not differ from a standard intervention or treatment. | <ul style="list-style-type: none"> • In a cost-benefit analysis, both cost and effects are valued in terms of currency. • It is very difficult to value a year of life saved or a cancer prevented. • The output of the cost-benefit analysis is an unit-less ratio with a higher number being preferred. | <ul style="list-style-type: none"> • The cost (numerator) remains the same while the denominator contains the outcome or effect of interest (overall survival, disease-free survival or number of cancers prevented or detected). • The Result is a ratio with the units \$/life year or \$/disease-free life year. • Threshold to separate cost-effective interventions is \$50,000/life year. • There are some, however, that think this ratio should be higher | <ul style="list-style-type: none"> • The cost (numerator) remains the same while but the denominator is quality-adjusted survival, which is usually measured in quality-adjusted life years (QALYs). • A QALY is a discounted value of health care that adjusts survival by a patient preference for the health state a patient was in at the time of the measurement. • Cost-utility analyses are helpful in trying to compare nonsimilar health interventions. |

INCREMENTAL COST-EFFECTIVENESS RATIO (ICER)

$$\text{ICER} = \frac{(C_1 - C_0)}{(E_1 - E_0)}$$

C_1 = Cost of new intervention

C_0 = Cost of the reference intervention

E_1 = Outcome of new intervention (Benefit, Effect or Utility)

E_0 = Outcome of the reference intervention (Benefit, Effect or Utility)

INCREMENTAL COST-EFFECTIVENESS RATIO (ICER)

| | Reference treatment | New treatment |
|------------------|---------------------|---------------|
| Cost | 1000\$ | 1200\$ |
| Outcome (Effect) | 65 % | 75 % |

$$\text{ICER} = \frac{(C_1 - C_0)}{(E_1 - E_0)}$$

$$\text{ICER} = \frac{1200 - 1000}{75 - 65}$$

ICER = 20\$ per each 1% increment in effect

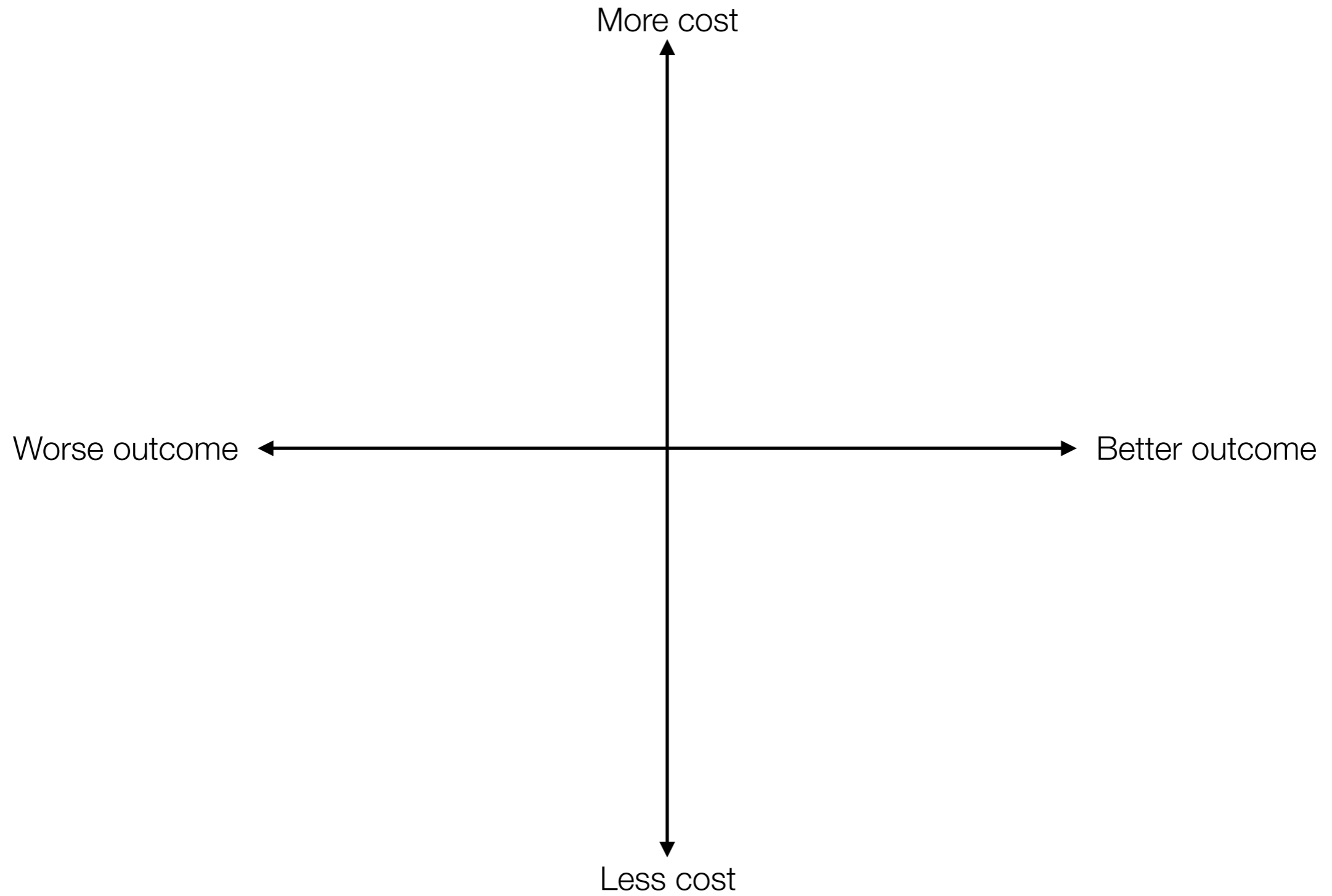
INCREMENTAL COST-EFFECTIVENESS RATIO (ICER)

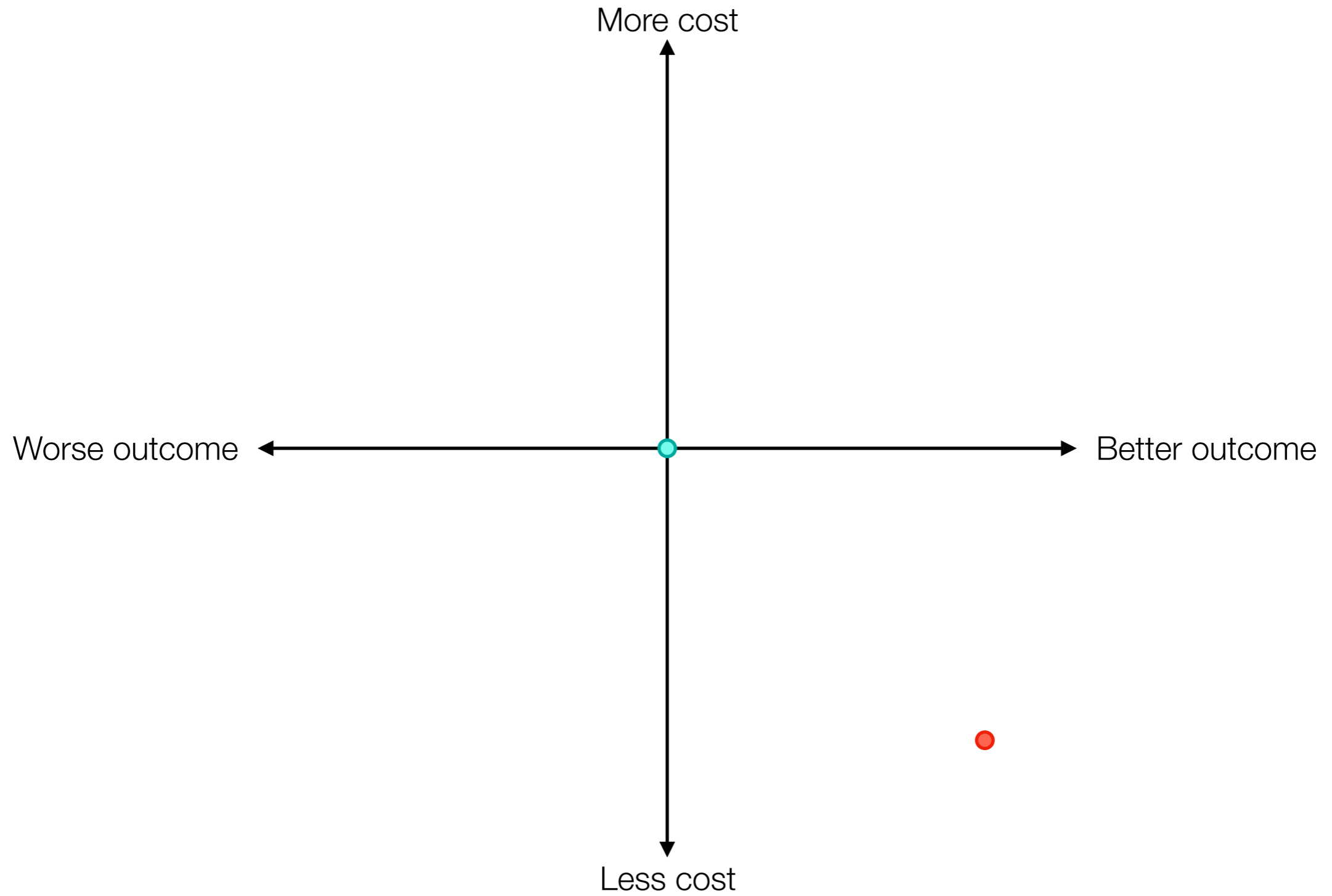
| | Reference treatment | New treatment |
|------------------|---------------------|---------------|
| Cost | 1000\$ | 2000\$ |
| Outcome (Effect) | 60 % | 65 % |

$$\text{ICER} = \frac{(C_1 - C_0)}{(E_1 - E_0)}$$

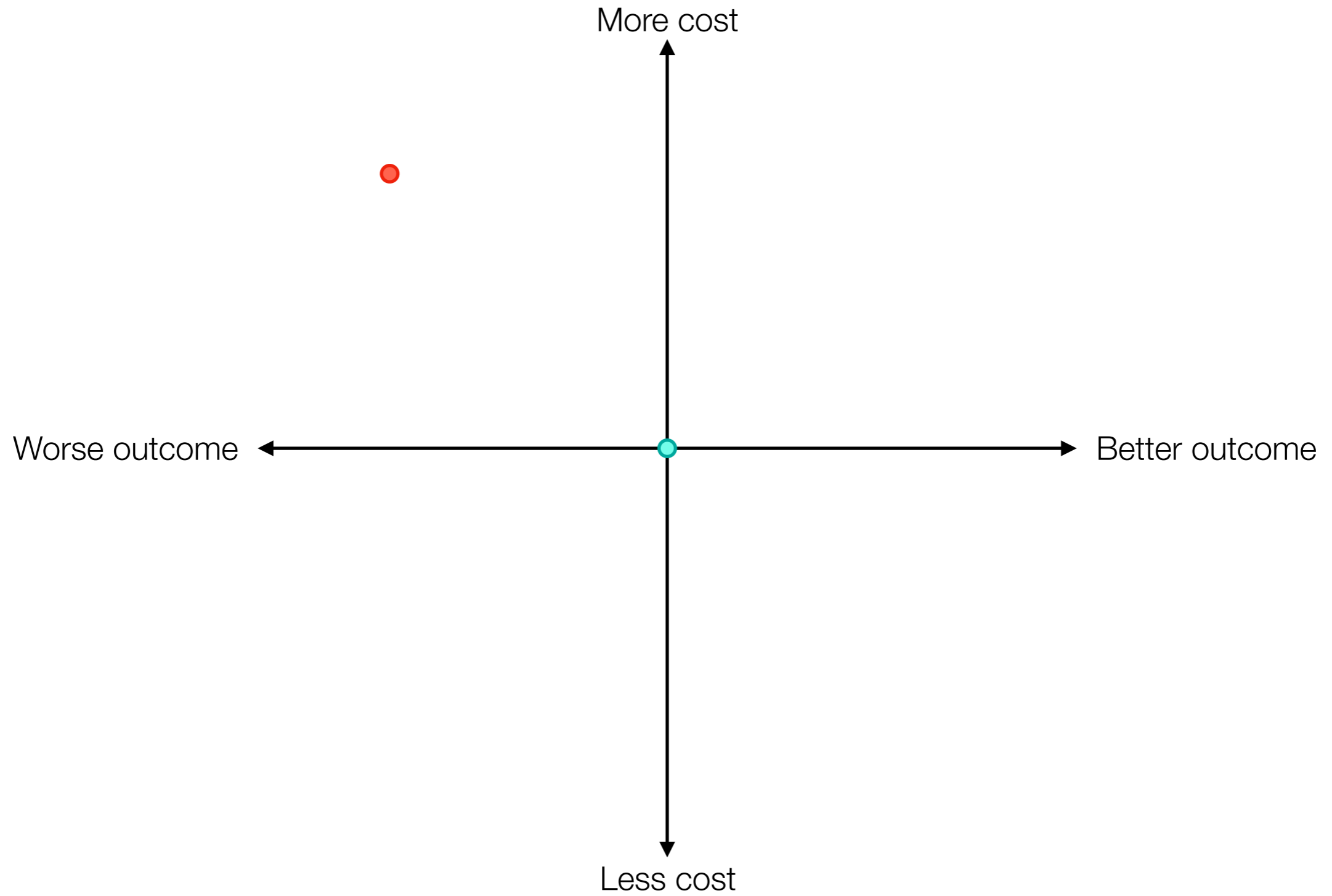
$$\text{ICER} = \frac{1200 - 1000}{75 - 65}$$

ICER = 200\$ per each 1% increment in effect

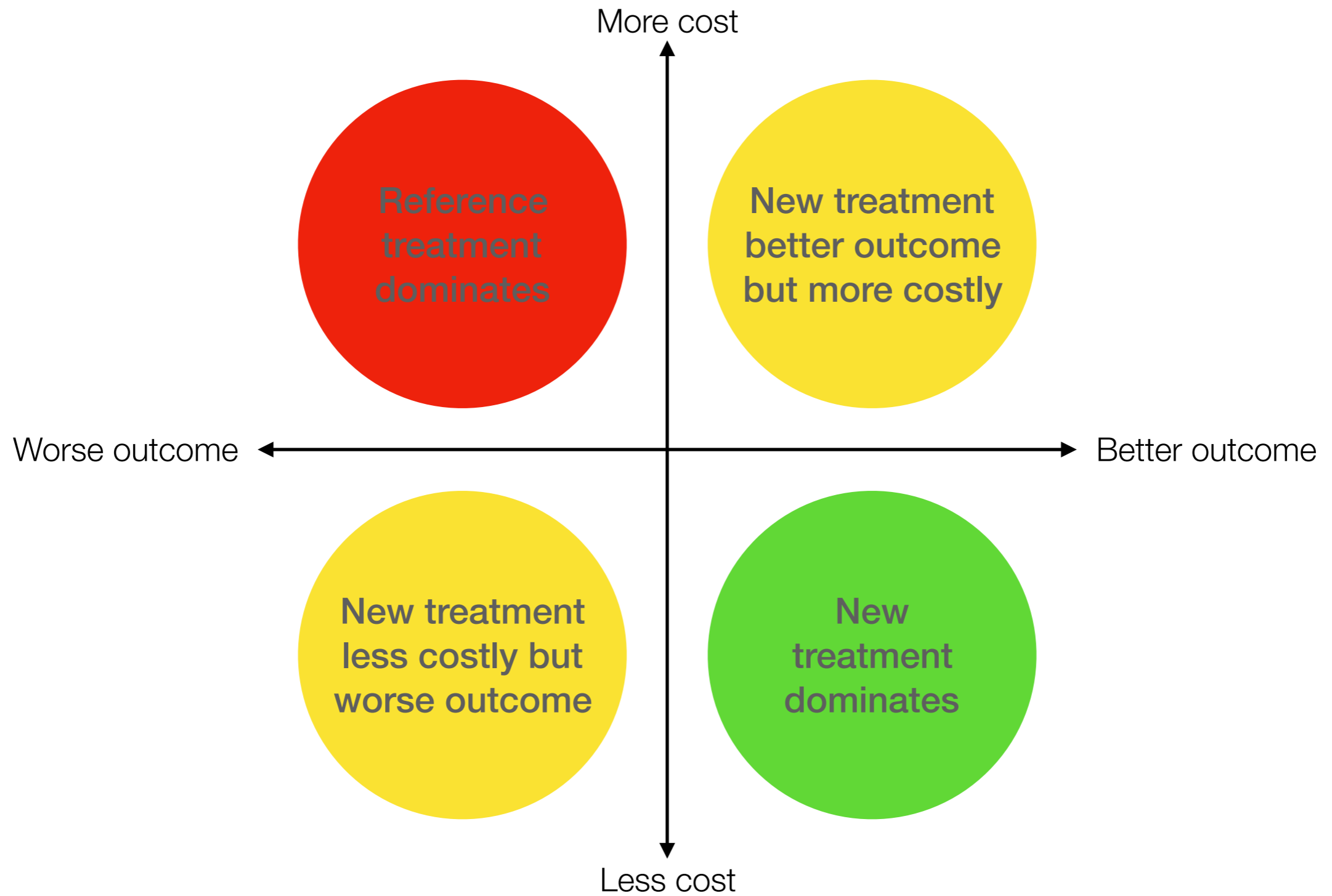


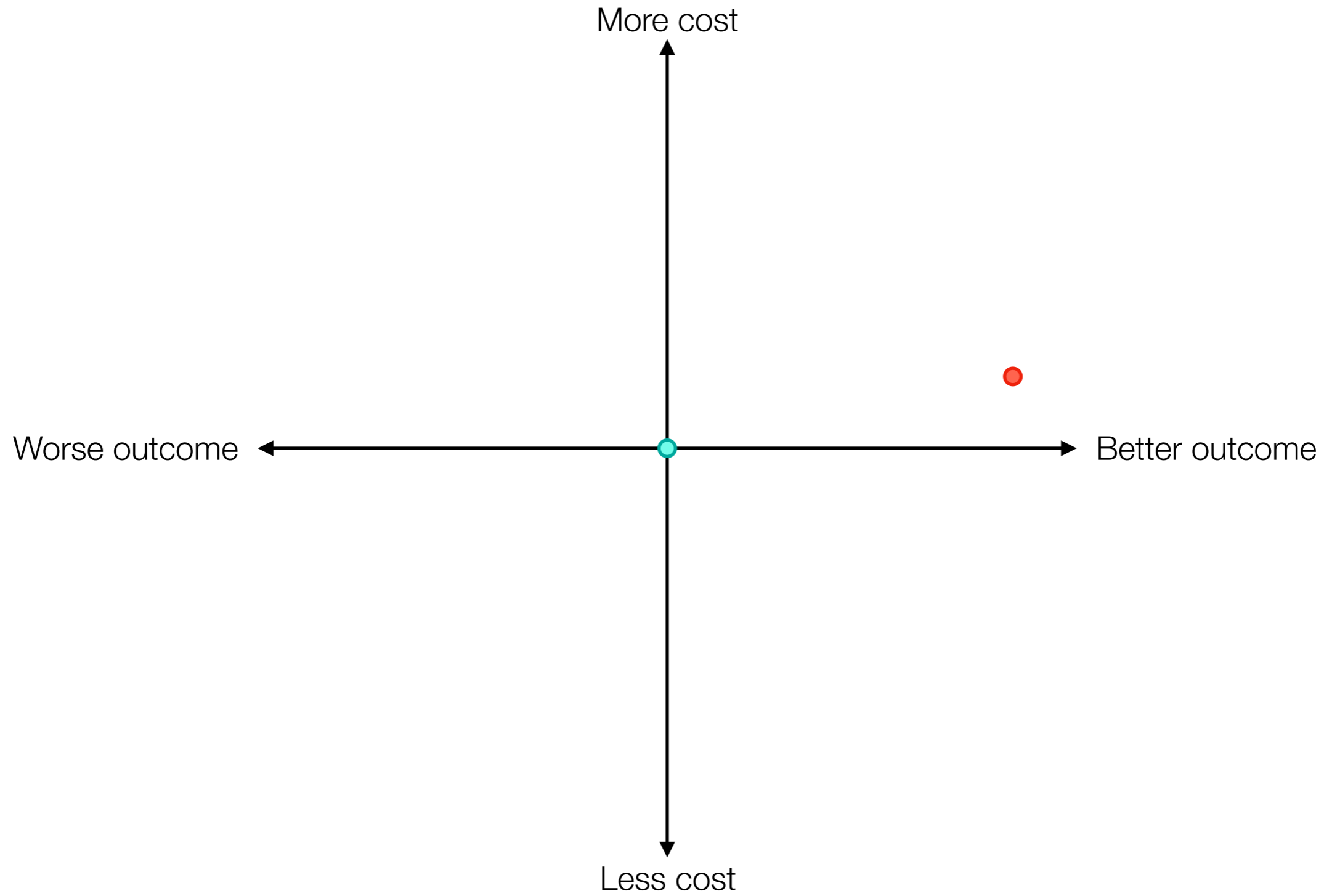


- Reference treatment
- New treatment

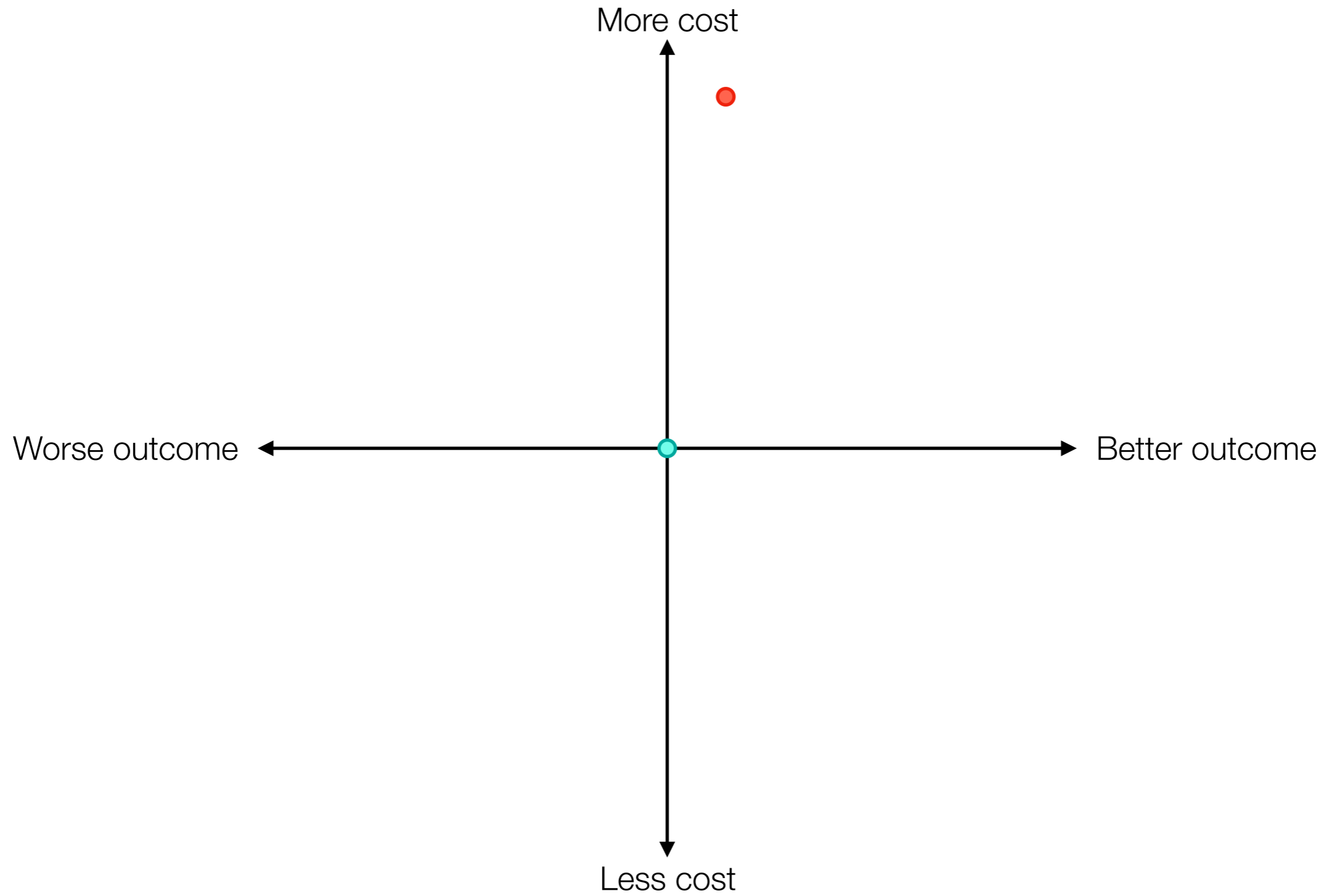


- Reference treatment
- New treatment

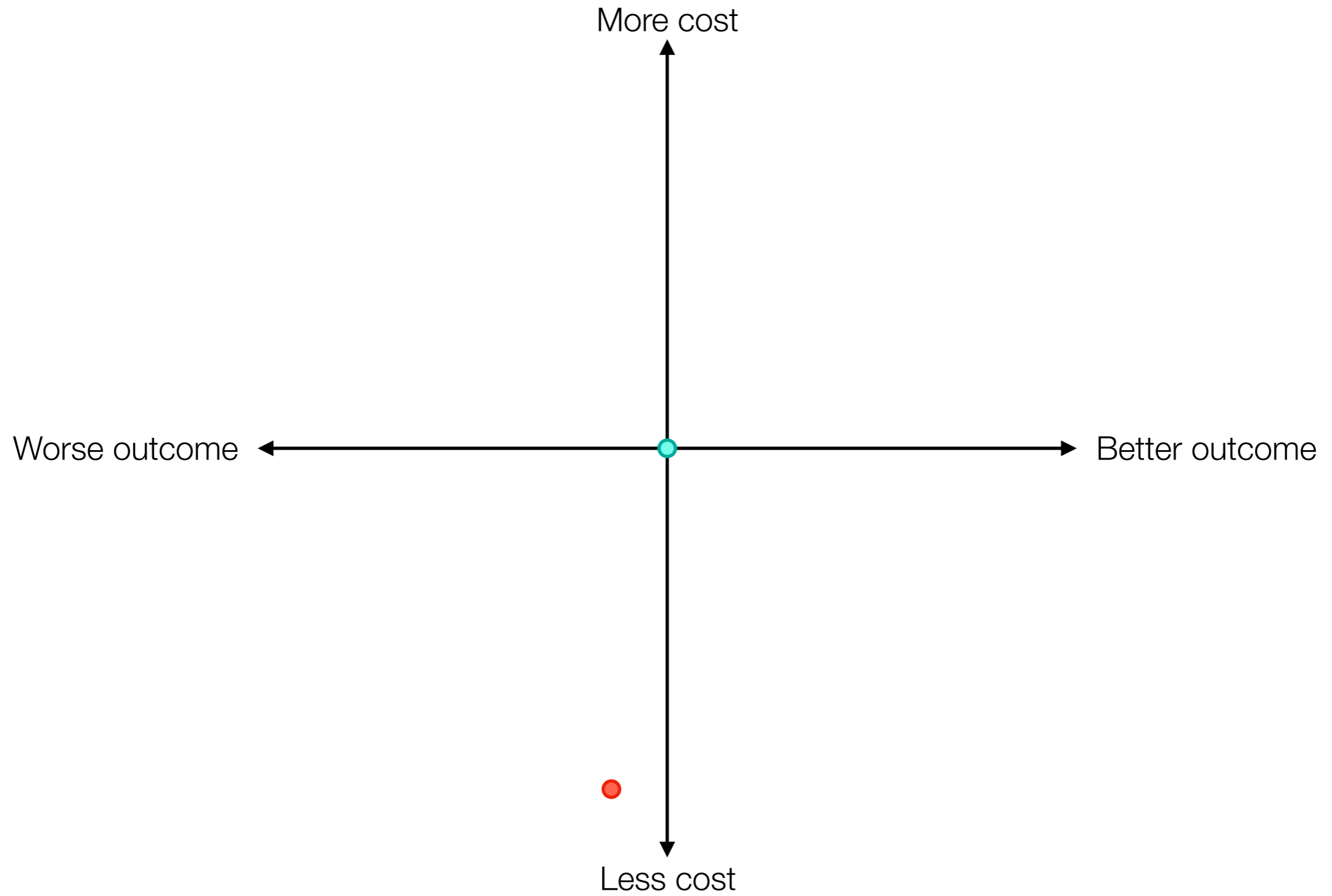




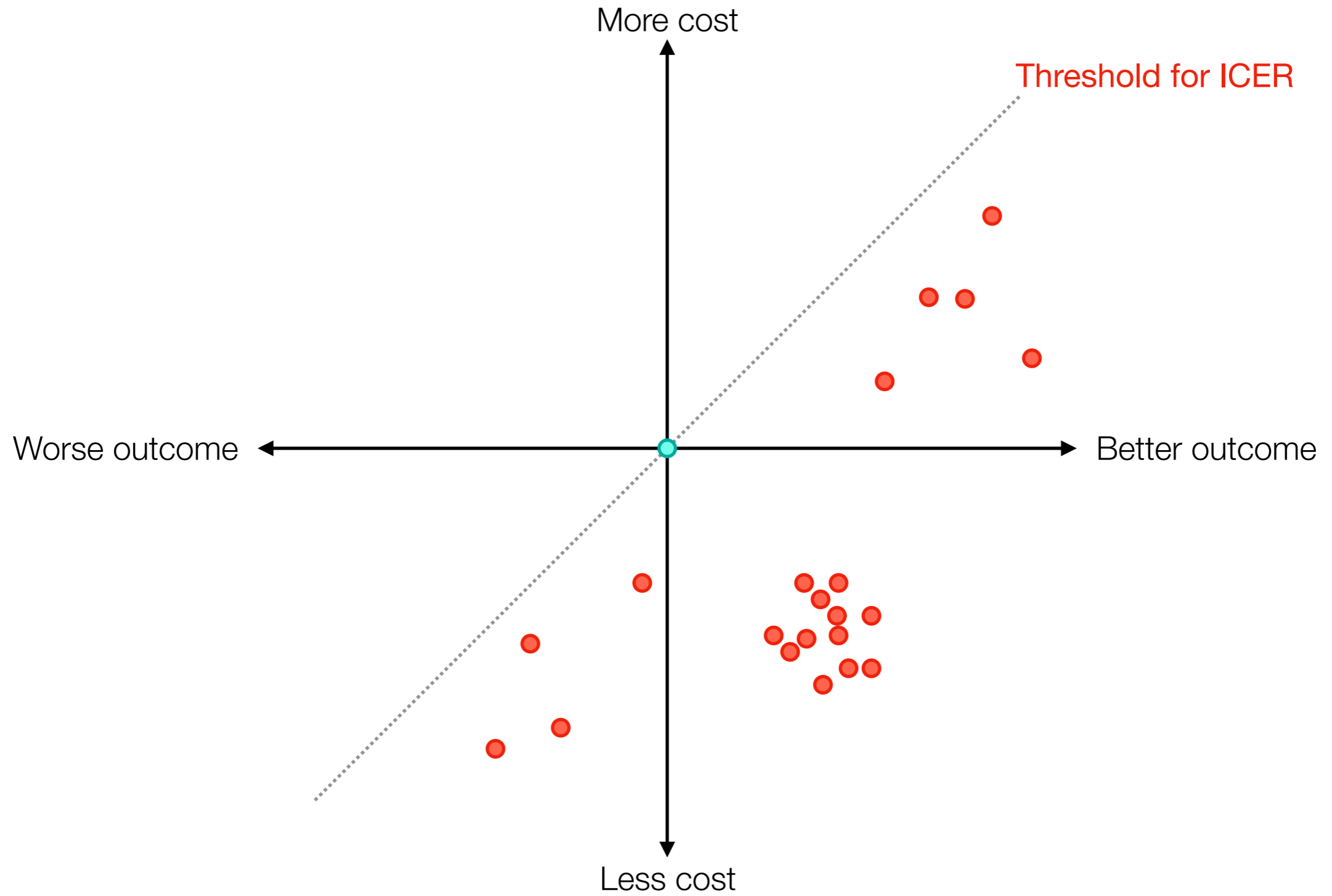
- Reference treatment
- New treatment



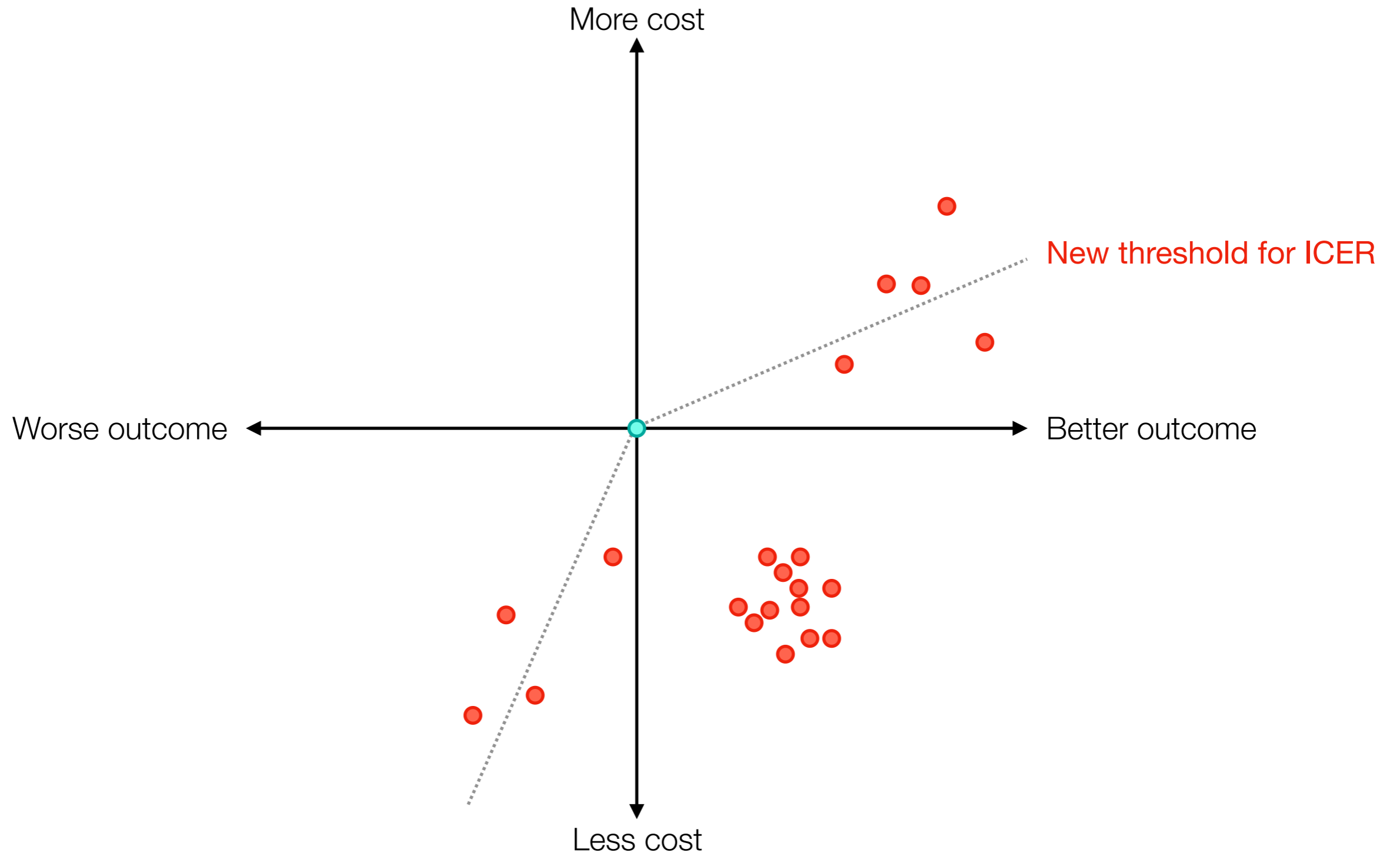
- Reference treatment
- New treatment



- Reference treatment
- New treatment



- Reference treatment
- New treatment



- Reference treatment
- New treatment

THRESHOLDS FOR ICER

- Level of costs and effects that an intervention must achieve to be acceptable in a given health-care system.
- Hard vs. Soft thresholds
- Threshold approach vs. Budget approach
- Cost-effectiveness affordability

Weinstein M, Zeckhauser R. Critical ratios and efficient allocation. *J Public Econ* 1973;2:147–57.

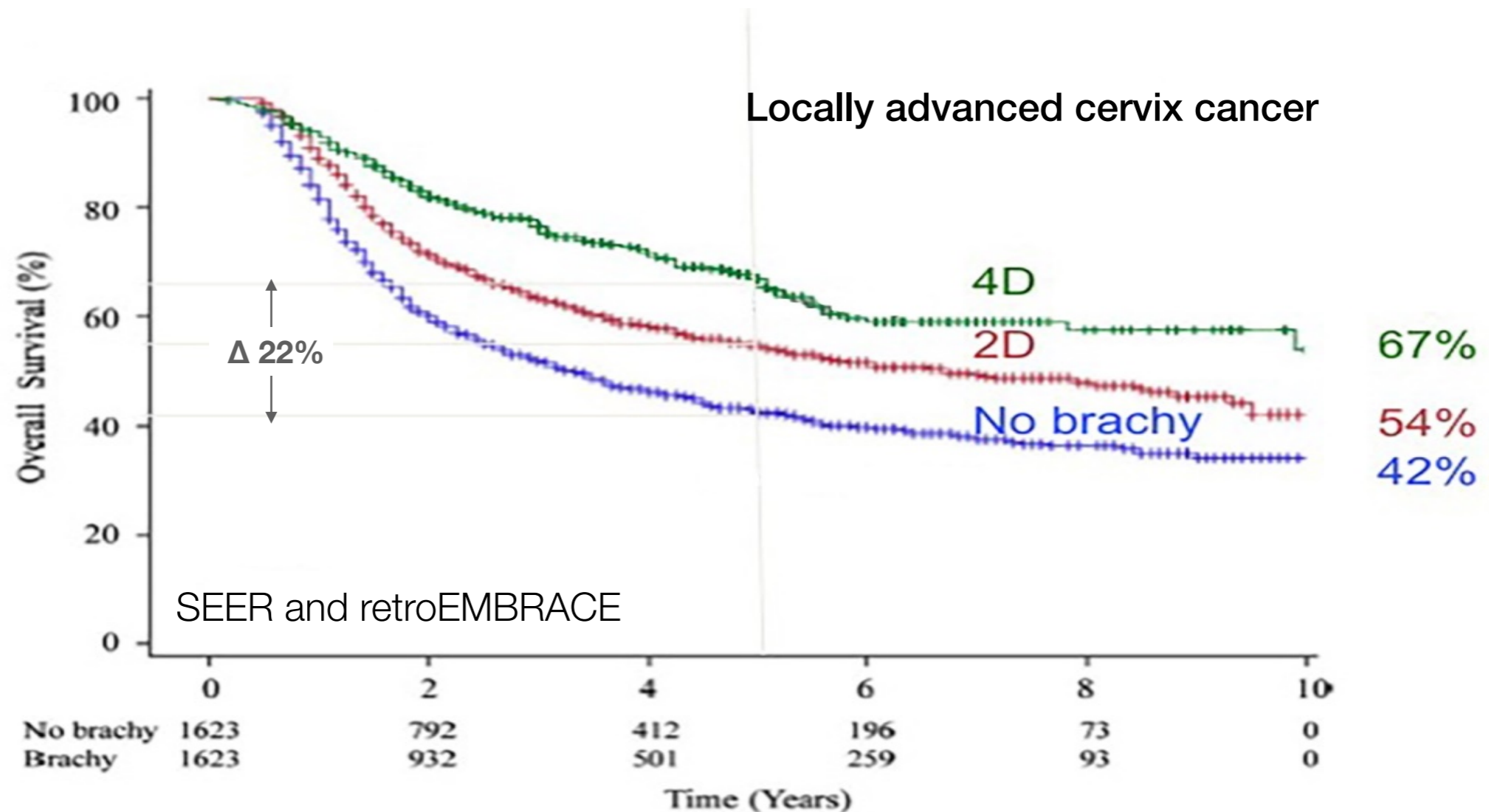
Torrance GW, Siegel JE, Luce BR. Framing and designing the cost-effectiveness analysis. In: Gold MR, Siegel JE, Russell LB, Weinstein MC, eds., *Cost-Effectiveness in Health and Medicine*.

Eichler, H. G., Kong, S. X., Gerth, W. C., Mavros, P., & Jönsson, B. (2004). Use of cost-effectiveness analysis in health-care resource allocation decision-making: how are cost-effectiveness thresholds expected to emerge. *Value Health*, 7(5), 518-528.

THRESHOLDS FOR ICER IN CERVIX CANCER

- No consensus in US for C/E criterion threshold
- Interventions costing less than \$100,000 per QALY gained are typically considered economically reasonable
- A \$50,000 per QALY gained criterion is commonly cited as the minimum of willingness to pay

COST-EFFECTIVENESS OF INTERVENTIONS IN CERVIX CANCER

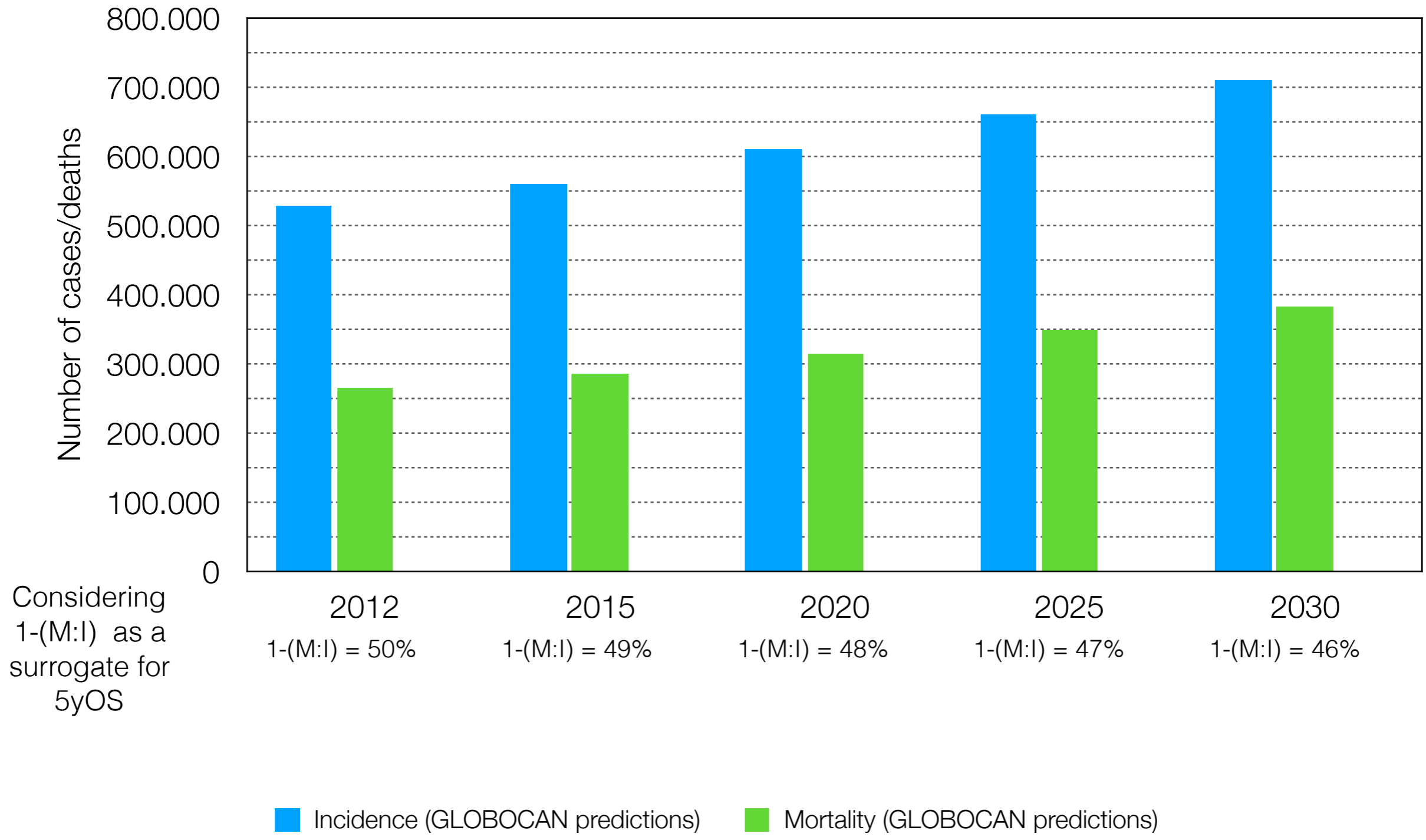


Han, K., Milosevic, M., Fyles, A., Pintilie, M., & Viswanathan, A. N. (2013). Trends in the utilization of brachytherapy in cervical cancer in the United States. *Int J Radiat Oncol Biol Phys*, 87(1), 111-119.

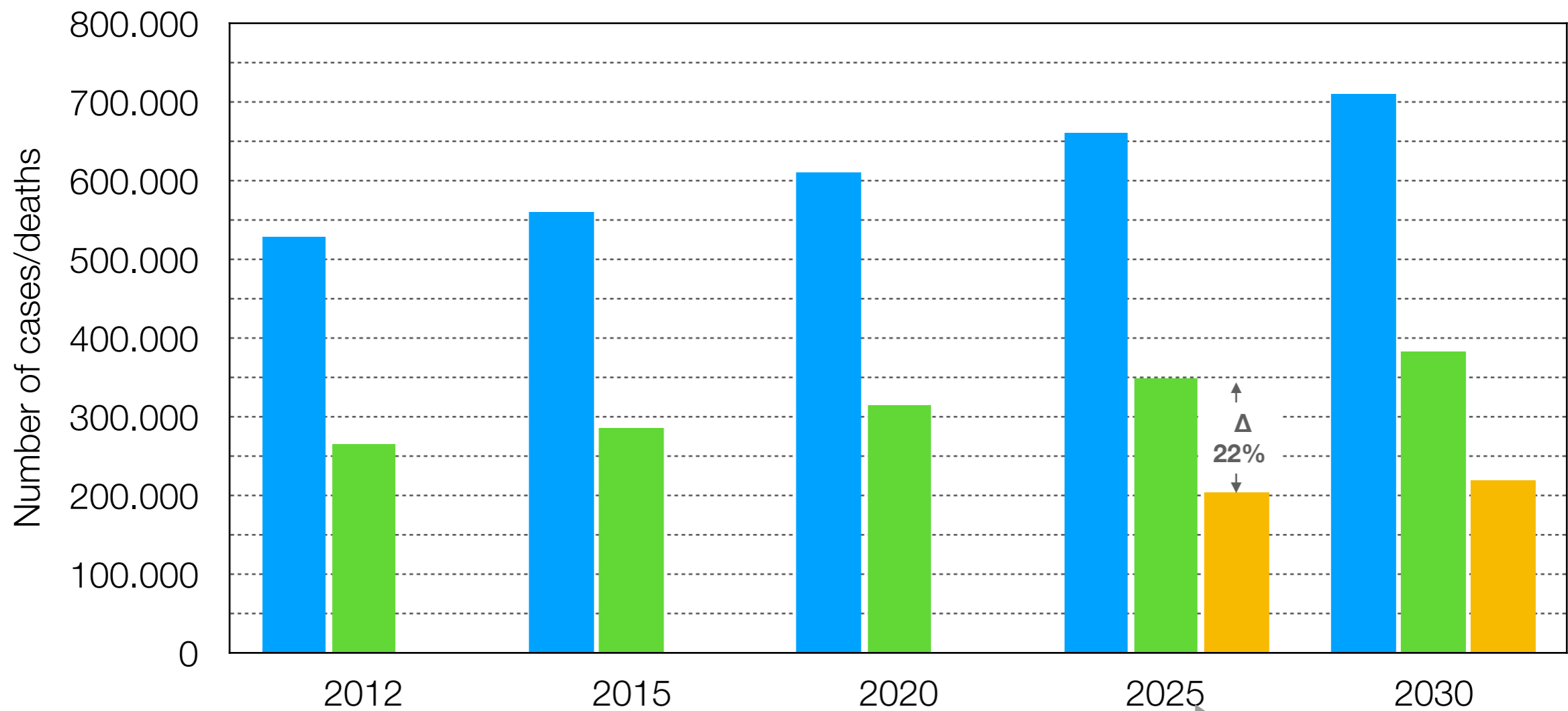
Sturdza, A., Pötter, R., Fokdal, L. U., Haie-Meder, C., Tan, L. T., Mazon, R. et al. (2016). Image guided brachytherapy in locally advanced cervical cancer: Improved pelvic control and survival in RetroEMBRACE, a multicenter cohort study. *Radiother Oncol*, 120(3), 428-433.

COST-EFFECTIVENESS OF INTERVENTIONS IN CERVIX CANCER

| Author | Reported years | By stage | | | | All stages combined | Case-mix | Comment |
|--|----------------|---------------------|----------------------|------------------------|---------------------|------------------------------|--|---|
| | | Stage I | Stage II | Stage III | Stage IV | | | |
| Komaki et al., 1995 Hanks et al., 1983 Coia et al., 1990 | 1973 | 79 % | 62 % | 25 % | - | | | Patterns of care study (Radiation Oncology Facilities) |
| | 1978 | 75 % | 58 % | 39 % | - | | I: 36% II: 41% (IIB:28%) III: 20% | |
| | 1983 | 81 % | 57 % | 47 % | - | | I: 38% II: 40% III: 18% Unknown: 4% | |
| Jones et al., 1995 | 1984 | IA: 93% IB: 80% | IIA: 67% IIB: 64% | 37 % | 11 % | 68 % | 61% early 39% advan. | Patterns of care study (American College of Surgeons) |
| Potter et al., 2000 | 1993-1997 | IA: 100% IB: 61% | IIA: 75% IIB: 69% | IIIA: 48% IIIB: 46% | IVA: 40% IVB: 0% | 58 % | 13% early 87% advan. | Single institution 3y OS |
| Chemoradiotherapy, 2008 | 1987 - 2006 | - | - | - | - | 60% (RT) 66% (RTCT) | IIB/III: 72% | Meta-Analysis 15 trials 3452 women |
| Han et al., 2013 | 1998 - 2009 | - | - | - | - | 46% EBRT 58% EBRT + BT | IB2: 8% II: 52% III: 35% IV: 3% | SEER review 7359 women 4yOS |
| Sturdza et al., 2016 | 1998-2012 | IA: 100% IB: 83% | IIA: 80% IIB: 70% | IIIA: 42% IIIB: 42% | 32 % | 65% (RT no CT) 69% (RTCT) | IB: 16% IIA: 6% IIB-IV: 76% | RetroEMBRACE 5y OS 69% is the target for fully implemented RTCT |



Considering
1-(M:I) as a
surrogate for
5yOS



Assuming an immediate implementation of full radiotherapy capacity, the impact over the next years could be a reduction of 22% in the mortality rate

■ Incidence (GLOBOCAN predictions)
 ■ Mortality (GLOBOCAN predictions)
 ■ Mortality after full RT implementation



Cost-effectiveness analysis of 3D image-guided brachytherapy compared with 2D brachytherapy in the treatment of locally advanced cervical cancer

Hayeon Kim^{1,*}, Malolan S. Rajagopalan¹, Sushil Beriwal¹, M. Saiful Huq¹, Kenneth J. Smith²

¹Department of Radiation Oncology, University of Pittsburgh Cancer Institute, Pittsburgh, PA

²Department of Medicine, University of Pittsburgh School of Medicine, Pittsburgh, PA

Table 3

ICER for 3D IGBT compared with 2D conventional brachytherapy

| Strategy | Cost (\$) | Incremental cost | Effectiveness (QALY) | Incremental effectiveness (QALY) | ICER (\$ per QALY gained) |
|---------------|-----------|------------------|----------------------|----------------------------------|---------------------------|
| 2D | 18,817 | — | 2.01 | — | — |
| 3D IGBT (CT) | 21,820 | 3003 | 2.17 | 0.16 | 18,634 |
| 3D IGBT (MRI) | 23,293 | 4476 | 2.17 | 0.16 | 27,774 |

ICER = incremental cost-effectiveness ratio; 3D = three-dimensional; IGBT = image-guided brachytherapy; 2D = two-dimensional; QALY = quality-adjusted life-year.

- Using the threshold for ICER of \$50000, MRI-based brachytherapy can be adopted as treatment of locally advanced cervix cancer.
- Other factors have to be analysed (time consumption...)

INCREMENTAL COST-EFFECTIVENESS RATIO (ICER)

BRACHYTHERAPY IN LOWER-MIDDLE INCOME COUNTRIES

| | EBRT only | EBRT + 3DBT |
|------------------|-----------|-------------|
| Cost | 1606\$ | 2316\$ |
| Outcome (Effect) | 42 % | 69 % |

$$\text{ICER} = \frac{(C_1 - C_0)}{(E_1 - E_0)}$$

$$\text{ICER} = \frac{2316 - 1606}{69 - 42}$$

ICER = 26\$ per each 1% increment in effect

CONCLUSIONS