

BRACHYTHERAPY Physics Part I

Basic dose calculation and applicator reconstruction

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Brachytherapy

- Short distance treatment of cancer with radiation from small, encapsulated radionuclide sources.
- Treatment is given by placing sources directly into or near the volume to be treated.
- High dose can be delivered to the tumor with rapid fall off in the surrounding normal tissue.











Physical properties of some nuclides

Radio Nuclide	Half time T _{1/2}	λ (s ⁻¹)	Average Photon Energy (keV)	Mass for 100 MBq (μg)
²²⁶ Ra	1600 y	1.37 10 ⁻¹¹	830	45
¹³⁷ Cs	30 y	7.27 10-10	662	31
⁶⁰ Co	5.26 y	4.18 10 ⁻⁹	1253	2.4
¹⁹² lr	74.2 d	1.08 10 ⁻⁷	380	0.29
125	60.2 d	1.34 10 ⁻⁷	28	0.16
¹⁰³ Pd	17 d	4.72 10 ⁻⁷	21	0.04

From Baltas et al., The Physics of Modern Brachytherapy 2007 a) NIST Physical reference Data, b) ICRP 21

Mechanisms of Energy Loss: Photoelectric Effect

- In the photoelectric absorption process, a photon undergoes an interaction with an absorber atom in which the photon completely disappears.
- In its place, an energetic photoelectron is ejected from one of the bound shells of the atom.
- For gamma rays of sufficient energy, the most probable origin of the photoelectron is the most tightly bound or *K* shell of the atom.
- The photoelectron appears with an energy given by $E_{e} = hv E_b$

(E^b represents the binding energy of the photoelectron in its original shell)

Mechanisms of Energy Loss: Photoelectric Effect

Gamma-ray energies of more than a few hundred keV, the photoelectron carries off the majority of the original photon energy.

Filling of the inner shell vacancy can produce fluorescence radiation, or x ray photon(s). Characteristic X-rays



o high atomic number Z

Compton Scattering

The incoming gamma-ray photon is **deflected** through an angle θ with respect to its original direction.

The photon transfers a portion of its energy to the electron (assumed to be initially at rest), which is then known as a *recoil electron*, or a *Compton electron*.

All angles of scattering possible.

The energy transferred to the electron can vary from zero to a large fraction of the gamma-ray energy.

The Compton process is **most important** for energy absorption for **soft tissues** in the range from 100 keV to 10MeV



Probability σ: almost *independent of atomic number Z*; decreases as the photon energy increases directly proportional to the number of electrons per gram,

Compton Scattering ENERGETICS

The energies of the scattered photon hv' and the Compton electron E_e , are given by:

[$m_0 c^2$ is the electron rest energy, 0.511 MeV, hv is the incoming photon energy]

$$hv' = hv \frac{1}{1 + \alpha(1 - \cos\theta)} \qquad E_e = hv \frac{\alpha(1 - \cos\theta)}{1 + \alpha(1 - \cos\theta)} \qquad \alpha = \frac{hv}{m_0c^2}$$

Limits of Energy Loco:
Maximum energy transfer to $E_{e(max)} = hv \frac{2\alpha}{1 + 2\alpha}$
angle of electron recoil is forwa
scattered photon straight ba
with $\theta = 180^\circ$, $\cos\theta = hv'_{min} = hv \frac{1}{1 + 2\alpha}$

For **low-energy photons**, **little energy is transferred**, regardless of the probability of such an interaction.

As the energy increases, the fractional transfer increases, approaching 1.0 for photons at energies above 10 to 20 MeV.

Interactions of Photons with Matter Pair Production

If a photon enters matter with an energy in excess of 1.022 MeV, it may interact by pair production. The photon, passing near the nucleus of an atom, is subjected to strong field effects from the nucleus and may disappear as a photon and reappear as a positive and negative electron pair. The two electrons produced, e⁻ and e⁺, are not scattered orbital electrons, but are created, de novo, in the energy/mass conversion of the disappearing photon.







Recall TG-43

Source specification

ΙΑΕΑ

Previously, source strength specification was based on "contents", # of desintegrations per time unit

- 1 Ci (3.7 x 10¹⁰ s⁻¹) activity of 1g Ra-226
- in SI-units: 1 desintegration per sec = 1 Bq example: 1 mCi = 37 MBq

Now, specification of sources is performed in terms of energy deposition, per unit of time at a given distance:

• in air kerma rate: μ Gy . h⁻¹ @ 1 m



0.05 mm

I-125 adsorbed on







Dose calculation accorging to AAPM TG - 43

$$D(r,\Theta) = S_k \cdot \lambda \cdot T \cdot \frac{G(r,\Theta)}{G(r_0,\Theta_0)} \cdot g(r) \cdot F(r,\Theta)$$

 S_k ... Air kerma strength λ ... Dose rate constant

T ... Total time

 $\frac{G(r,\Theta)}{G(r_0,\Theta_0)}$... Geometry factor g(r) ... Radial dose function F(r, Θ) ... Anisotropy function

Simple approximation with most varying factors: $D \approx T \cdot \frac{1}{r^2}$





TG43 FORMALISM

$$D(r,\theta) = S_k \Lambda t \frac{G(r,\theta)}{G(r_0,\theta_0)} g(r) F(r,\theta)$$

The Dose Rate Constant, *A*, has to be given for each source model specifically, in order to include the effects of source geometry, encapsulation, and self-filtration within the source and scattering in water surrounding the source. Its relation with classical formalism is:

$$\Lambda = \left[\frac{\mu_{en}}{\rho}\right]_{air}^{m} \varphi(r_0) G(r_0, \theta_0)$$

being $\left[\frac{\mu_{en}}{\rho}\right]_{air}$ the ratio of average mass attenuation coefficients in m (medium) and air, and $\varphi(r)$ the function that take into account the attenuation of primary photons and the effect of scattered photons in the medium.





 $D(r,\theta) = S_k \Lambda t \frac{G(r,\theta)}{G(r_0,\theta_0)} g(r)F(r,\theta)$





TG43 FORMALISM

$$D(r,\theta) = S_k \Lambda t \frac{G(r,\theta)}{G(r_0,\theta_0)} \frac{g(r)}{F(r,\theta)} F(r,\theta)$$

The Radial Dose Function, g(r), describes the dose fall-off along the transverse axis of the source accounting for the effects of <u>absorption and</u> <u>scatter in water.</u> It is de $\left[\frac{\beta}{1-r}\right]$ if $\theta \neq 0$

$$g(r) = \frac{D(r,\theta_0)G(r_0,\theta_0)}{D(r_0,\theta_0)G(r,\theta_0)}$$

$$G_{L}(r,\theta) = \begin{cases} \frac{P}{L \cdot r \cdot \sin \theta} & \text{if } \theta \neq 0, \pi \\ \frac{1}{r^{2} - \frac{L^{2}}{4}} & \text{if } \theta = 0, \pi \end{cases}$$

It can also be influenced by filtration of photons by the encapsulation and source materials. Its relation with the classical formalism is the tissue attenuation and scatter function normalized at 1 cm distance:

$$g(r) = \frac{\varphi(r)}{\varphi(r_0)}$$



$$D(r,\theta) = S_k \Lambda t \frac{G(r,\theta)}{G(r_0,\theta_0)} g(r) F(r,\theta)$$

Radial Dose Function





 $D(r,\theta) = S_k \Lambda t \frac{G(r,\theta)}{G(r_0,\theta_0)} g(r) \frac{F(r,\theta)}{F(r,\theta)}$

TG43 FORMALISM

The Anisotropy Function, $F(r, \theta)$, accounts for the anisotropy of dose distribution around the source, including the effects of absorption and scatter in the source construction and water. It gives the angular variation of dose rate around the source at each distance due to self-filtration, oblique filtration of primary photons through the encapsulating material, and scattering of photons in water. It is defined as:

$$F(r,\theta) = \frac{D(r,\theta)G(r,\theta_0)}{D(r,\theta_0)G(r,\theta)}$$





For some brachytherapy applications it is not possible or practical to define the orientation of each source: Some TPS consider sources as one-dimensional isotropic point source. Implanted seeds are often randomly oriented and due to the source dimensions it is difficult to reconstruct their actual orientation. So the 2-D distributions can not be applied properly. In these situations, the dose rate contribution to tissue of each seed can be well approximated by the average radial dose rate as estimated by integrating the dose of the single anisotropic seed source over an entire sphere:

$$\dot{D}(r) = \frac{1}{4\pi} \int_0^{4\pi} \dot{D}(r,\theta) d\Omega$$

where $d\Omega = 2\pi \sin \theta d\theta$

in case of cylindrical distribution.



TG43 FORMALISM

The Anisotropy Factor at distance r, $\Phi_{an}(r)$, is defined as the ratio of the averaged dose rate at r and the dose on the transverse axis at the same distance:

$$\Phi_{an}(r) = \frac{\int_0^{\pi} \dot{D}(r,\theta) \sin \theta d\theta}{2 \dot{D}(r,\theta_0)}$$



TG43 FORMALISM

So, the general expression in this approximation is:

$$\dot{D}(r) = S_k \Lambda \left[\frac{G(r,\theta)}{G(r_0,\theta_0)} \right] g(r) \Phi_{an}(r)$$

Finally, the Anisotropy Factor can be approximated by a distance independent constant named Anisotropy Constant $\overline{\Phi}_{at}$ With this functions the sources are approximated in the calculations by point isotropic sources. Recently (Nath 2002) the use of the anisotropy constant is discouraged recommending the use of the anisotropy factor in calculations under punctual approximations.



https://www.estro.org/about-us/governance-organisation/committeesactivities/tg43

rbeiten <u>A</u> nsicht <u>F</u> avoriten E	<u>x</u> tras <u>?</u>	
ESTRO Europeon Society for RADIOTHERAPY & ONCOLOGY	HOME ABOUT US MEMBERS EVENTS SCHOOL CAREERS	ome a Member I ESTRO
A ONCOLOGY	About us > Governance / organisation > Committees activities > TG43	
MISSION & VALUES	TG43	LINKS
GOVERNANCE / ORGANISATION	This is the database of TG-43 brachytherapy dosimetry parameters for all of the brachytherapy seeds/sources listed in the Joint AAPM/IROC Houston brachytherapy source registry:	Home
General Assembly	IROC MDAnderson	Members
Board	Instance of the second se	Working packages
Policies	Joint AAPM/IROC Houston Registry of Brachytherapy Sources Meeting the AAPM Dosimetric Prerequisites	Co-operation projects
Executive Council	The dosimetry parameters presented here have been obtained from TG-43, TG-43U1, TG-43U1-Errata,	Radiation protection
Education Council	TG-43U1S1, TG-43U1S1-Errata and HEBD reports and they are available in spreadsheets in MS excel	TG-43
Stakeholders' Council	format. In addition, a QA table in Cartesian co-ordinates has been added to each source consistent with the the TG-43 datasets.	Model-based Dose
Scientific Council	If you have questions or comments, please contact us. Facundo.Ballester@uv.es	Calculations
Nominating Council		Meetings
▽ Committees activities		Publications
RTT Alliance Elections 2018	Dosimetry parameters	Sponsoring
2018 Presidential	 Co-80 Cs-131 	Changelog
Elections	• Cs-137 • 1-125	
HISTORY	• Ir-192 HDR	NEWS
AWARDS	Ir-192 LDR Seeds Ir-192 LDR Wires	
	 Ir-192 PDR Pd-103 	Membership: Why become an ESTRO
HERO	• Yb-169	<u>member?</u>
EU PROJECTS		
NATIONAL SOCIETIES	Other non-official databases:	DOWNLOADS
ESTRO CANCER	WNIVERSITAT	ESTRO Vision for Radiation Oncology
FOUNDATION	Vniversitat d València	ESTRO statutes ESTRO 30th Anniversary
STAFF		Book 2016 Annual Report

Database of TG-43 brachytherapy dosimetry parameters, University of Valencia (UVEG)



- **TG43 algorithm** is based on water calculation and can be done on CT, MRI and US
- Model based algorithms take tissue into account (based on CT), but has limited impact for GYN-brachy

Implant	% Variation
Surface Mould (Nose)	9 ± 7
Head and Neck (Base of Tongue)	8 ± 8
Breast APBI – Multi Catheter	8 ± 2.0
Lip Implant	11 ± 14
Eye Lid	22 ± 37
Gynaecology – Vienna applicator (Polymer)	1 ± 0.2
Gynaecology – Ring applicator (Stainless Steel)	4 ± 0.7

Courtesy Jamema Swamidas



$$D(r,\theta) = S_k \Lambda t \frac{G(r,\theta)}{G(r_0,\theta_0)} g(r) F(r,\theta)$$

Radial Dose Function



Distribution around one single source



Distribution around a stepping source

The dose distribution is calculated by superimposing the dose distribution from each source dwell position. Example:

11 source dwell positions







Dose Point Optimization

 \vdash^{\times}

$$D_{A} = \left(T_{1} \cdot \frac{1}{r_{1A}^{2}}\right) + \left(T_{2} \cdot \frac{1}{r_{2A}^{2}}\right) + \left(T_{3} \frac{1}{r_{3A}^{2}}\right) + \left(T_{4} \cdot \frac{1}{r_{4A}^{2}}\right) + \left(T_{5} \cdot \frac{1}{r_{5A}^{2}}\right)$$

$$D_{B} = \left(T_{1} \cdot \frac{1}{r_{1B}^{2}}\right) + \left(T_{2} \cdot \frac{1}{r_{2B}^{2}}\right) + \left(T_{3} \frac{1}{r_{3B}^{2}}\right) + \left(T_{4} \cdot \frac{1}{r_{4B}^{2}}\right) + \left(T_{5} \cdot \frac{1}{r_{5B}^{2}}\right)$$

$$D_{C} = \left(T_{1} \cdot \frac{1}{r_{1C}^{2}}\right) + \left(T_{2} \cdot \frac{1}{r_{2C}^{2}}\right) + \left(T_{3} \frac{1}{r_{3C}^{2}}\right) + \left(T_{4} \cdot \frac{1}{r_{4C}^{2}}\right) + \left(T_{5} \cdot \frac{1}{r_{5C}^{2}}\right)$$

$$D_A = D_B = D_C = 100\%$$







BT-Implant


















DVH-calculation





DVH-Parameters









Defining the source path in <u>relation</u> to the patients <u>anatomy</u>

Defining the source path in relation to the applicator

Depending on the image modality, the applicator/ **source path** needs to be defined

There are <u>directly or in-</u> <u>directly</u> visualization techniques

Reconstruction of the Source path (direct, or in-Direct) or reconstruction of the applicator itself



'Commissioning'



Applicator surface





Source path





Applicator + Source path



Commisioning of Applicators

"The process in which the (clinically relevant) location of the dwell positions in relation to each other or in relation to reference points in the applicator are determined/verified and the transfer into the treatment planning system is checked"

- Characteristics of applicators
 - Material (dosimetric influence, sterilisation)
 - Dimensions
 - Connectivity to afterloader (transfer tubes)
 - Indexer length and off-set (distance of 1st or most distal dwell position to tip-end)
- Visibility of applicator in sectional imaging
 - Distortion of dimensions
 - Artefacts (appearance of applicator tip-end: E.g. needle tip-end)
- Verify source-path
 - Predefined (from vendor provided) source-path stored in Applicator library
 - Direct reconstructed by the user following direct or in-direct reconstruction methods









Applicator material!

The sterilization procedure (high temperatures) and a frequent use may damage the applicator material and applicator accessories (E.g. screws)



CT imaging of a damaged ring applicator provided by U. Mahanshetty

Therefore the visual inspection of applicators before clinical use is mendatory and needs to be included in the quality control procedure.





Pictures provided by Jamema Swamidas, TATA



MR markers (Nucletron) Phantom scan at open MR 0.2T



Indexer Length and Offset



Example from Manila 25-27.4.2018



Commissioning performed by Jake John P. Galingana Medical Physicist





JOSE R. REYES MEMORIAL MEDICAL CENTER
DEPARTMENT OF RADIOTHERAPY

Offset Verification:

Manufacturer specification: offset= 7.0 mm

On Radiograph



On CT





Offset Verification: Auto-radiograph







and superimposed with X-ray









Know the tool you are using!

Commisioning of Applicators

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Visibility of applicator in sectional imaging



Know the tool you are using!

What is wrong with these MR Images ?







Early detection of the forgotten dummy wire inside the applicator – *could be seen? "localizer"*



Which artefacts are tolerable ?



СТ

Commisioning of Applicators

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- Verify source-path



Predefined (from vendor provided) source-path stored in Applicator library Direct reconstructed by the user following direct or in-direct reconstruction methods





Geometry and dimensions of the applicator





associated uncertainties of 192Ir source dwell positions in ring applicator



The total expanded measurement uncertainty averaged over all dwell positions was observed to be 1.1 ± 0.1 mm(Ø26 and Ø30 mm) and 1.0 ± 0.3 mm (Ø34 mm)

Real step-size in ring dwell positions varies depending on the location
 A dummy wire dose not represent the real source path

Auto-radiography to verify the reconstruction of the source path in the TPS (or pre-defined Applicator Library)

. 50 . . . 60 . . . 70 . . . 80 . . . 90



. . 30 . . . 40 .

Standard loading

nm]{

. 10 . . . 20 .

Auto-radiography QC

Symmetric pattern on film

acceptance tests and check







Quality assurance in MR image guided adaptive brachytherapy for cervical cancer: Final results of the EMBRACE study dummy run

Christian Kirisits^{a,*}, Mario Federico^{a,c}, Karen Nkiwane^a, Elena Fidarova^a, Ina Jürgenliemk-Schulz^d, Astrid de Leeuw^d, Jacob Lindegaard^b, Richard Pötter^a, Kari Tanderup^b

^a Department of Radiation Oncology, Comprehensive Cancer Center, Medical University of Vienna, Austria; ^b Department of Oncology, Aarhus University Hospital, Denmark; ^c Radiation Oncology Department, HUGC Dr. Negrin, Las Palmas, Spain; and ^d Department of Radiation Oncology, University Medical Centre Utrecht, The Netherlands



(a) Incorrect reconstruction of the source path within the ring using direct digitalization not according to the true dwell positions. (b) incorrect definition of point A using wrong distance from upper ring surface plus incorrect source path with wrong offset to the tip of the tandem and wrong location of source path inside the ring.

Kirisits et a.I 2015, Radiotherapy and Oncology

Localization techniques in "2D" and 3D

Depending on your equipment (2D:simulator, carm, ceiling mounted,3D: US,CT,MRI)

- > Orthogonal images
- Semi-orthogonal
- Variable angle
- Stereo-shift
 Sectional Images (CT,MRI)
 Volumetric (US,MRI)



3D Level3

Provided by Pittaya Dankulchai,

"2D":Level 2

Faculty of Medicine Siriraj Hospital, Mahidol University, Bangkok, Thailand



Direct Visualizing the Source Path

 Find a surrogate of the the source path→ inserting a "marker-string" – dummy wire or MRI (liquid filled) line marker







Direct Visualizing the Source Path

AP- radiograph

Sagittal MRI





Reconstruction on sectional images



Reconstructed applicator = real applicator ???



Reconstruction accuracy depending on slice thickness demonstrated using different scanning directions



Reconstruction accuracy- half a slice thickness!

6mm + gap 0.5mm



Reconstruction accuracy depending on slice thickness demonstrated using different scanning directions

acceptable result can be achieved by using a slice thickness ≤ 3mm





Direct reconstruction - challenge

Ring in one slice



Ring in several slices









Multi Planar Reconstrucion





In-Direct Visualization of the Source Path

 define the source path by use of visible landmarks
 applicator geometry



A. De Leeuw et al. Tandem- Ovoids applicator reconstruction on MRI





D. Berger *et al.* Direct reconstruction of the Vienna applicator on MR images



5 – 10 min

less than 5 min

If the relation between applicator shape and the source path is defined once, the reconstruction process can be performed by directly placing the applicator in the MRI dataset.



End of Part I

Do u need a short break ?



Thank You

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on behalf of USA INTERNATIONAL ATOMIC ENERGY AGENCY IAEA

Department of Radiotherapy Medical University of Vienna

