



Staffing in Radiotherapy: An Activity Based Approach



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STAFFING IN RADIOTHERAPY: AN ACTIVITY BASED APPROACH

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FOREWORD

Radiotherapy is highly technologically dependent and requires competent professional staff to ensure safe and effective patient treatment and management. There is a need to provide guidelines that recommend appropriate staffing levels to support the initiation of new services as well as the expansion or upgrade of existing services. Simple upgrades or the replacement of existing equipment may have a significant impact on staffing needs. Similarly, the introduction of education and training programmes will require staffing adjustments.

All radiotherapy facilities should be staffed by radiation oncologists, medical physicists and technical personnel. In addition, appropriately trained support personnel are usually in attendance, such as nursing and administrative support. Staffing levels are dependent on the number and complexity of equipment, the number of patients, the types of procedures and activities and the number of students or trainees. A quantitative algorithm that proposes staffing levels based on all these factors requires an analysis of typical clinical workflow and a designation of professional roles to each of the activities that could be encountered. Non-clinical factors, such as academic activities, need to be considered in addition. The best evidence to be incorporated into such an algorithm would be based on surveys of detailed timekeeping of all types of staff performing each of the activities in a variety of environments. However, this is not practical in the radiotherapy environment, as rapid changes in technology result in a highly dynamic process in which techniques are introduced and refined all the time. In addition, different regions adopt different skill sets for the core professional groups and there is variability in the clinical presentation of patients at the individual level. As a result, activity based staffing levels are often based on benchmarking and expert consensus, if no evidence exists.

This publication introduces a calculation algorithm that has been developed to predict staffing levels based on inputs that are known or can be easily estimated. Economic and human resource constraints may affect the implementation of optimum staffing levels, and national regulatory requirements may differ, but the staffing algorithm presented here is not influenced by these factors. Variations in staffing requirements are influenced only by the data that need to be input into the algorithm, which reflect the technology sophistication and services implemented in each setting.

The present publication complements other IAEA publications used to support the initiation of basic radiation medicine services as defined in publications such as *Setting up a Radiotherapy Programme: Clinical, Medical Physics, Radiation Protection and Safety Aspects*, which was published in 2008.

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EDITORIAL NOTE

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1. INTRODUCTION

1.1. BACKGROUND

The International Atomic Energy Agency (IAEA) assists with the initiation, expansion and sustainability of radiotherapy services through technical cooperation projects. An important component of delivering radiotherapy services is staffing levels. There is very little evidence based documentation that precisely quantifies the number and type of professional(s) needed to support a service, a number that would also be directly related to patient workload, technology, techniques, procedures and infrastructure. As a result, the initiation of new radiotherapy services in low and middle income countries has traditionally been planned in accordance with IAEA guidelines, which list a suite of equipment constituting a basic service that is resourced by a core number of professionals who attend to a given patient workload [1–3]. These professionals, including radiation oncologists and medical physicists, are required for the practice of radiotherapy under the International Basic Safety Standards [4].

1.2. OBJECTIVE

The IAEA publications that suggest the minimum equipment and staffing levels needed to initiate or sustain basic radiotherapy services are rigid in that they do not take into account variations in techniques, technology and services. Also, major professional organizations in North America and Europe have published guidelines on minimum staffing levels in radiotherapy that are based solely on patient numbers [5–7]. It was recognized that a new algorithm should be developed to provide hospital managers, facility planners and policy makers, as well as radiotherapy departments with staffing guidelines that are more transparent, flexible and that allow for an expansion of existing services, a broader range of modalities and emerging technologies, and in so doing, maintain safe, effective and high quality patient care.

1.3. SCOPE

In order to ensure that a useful universal algorithm could be developed, it was ultimately decided to forego detail in favour of ensuring that the algorithm was easy to use. This meant that several different kinds of activities have been collapsed into broader categories. In all cases, the grouping of procedures, activities or equipment was only performed after it had been established that they all had the same impact on the final result.

Additional human resources need to be allocated to the number of professional staff for non-clinical activities such as administration, auditing, management and continuing education, and further personnel are needed to support an educational environment, which includes the fulltime equivalent staff complement assigned to didactic teaching, clinical training programmes and clinical development and research. The algorithm requires the user to estimate the human resources allocated for non-clinical activities.

The economic status, human resource constraints and regulatory variations may affect implementation of optimum staffing levels but the staffing guidelines presented here are not influenced by these conditions. It is clearly recognized that there are differences across regions; however, continuous striving towards optimal staffing levels is considered a key element to ensure and maintain standards of safety and quality in radiotherapy services. Inadequate staffing has been identified as one of the significant root causes of errors in radiotherapy [8, 9].

1.4. STRUCTURE

The new algorithm was implemented in a spreadsheet (Microsoft Excel format, but the file can be opened in various other spreadsheet programs) and is a tool for determining staffing levels. The details of the algorithm are described in Section 2 and the spreadsheet is provided on this CD-ROM. This spreadsheet requires the user to define the local working conditions and to estimate the workload, number of pieces of equipment and modalities, the number of procedures and the techniques to be employed. The specific user inputs required were considered

to be readily available to users of the tool, or alternatively, possible to estimate from other indicators such as the patient population and disease incidence.

The tool was also tested using statistics from departments covering a wide range of settings and resources. The results are given in Section 3, and final guidance is given in Section 4.

2. RADIOTHERAPY STAFFING ALGORITHM

2.1. INTRODUCTION

Staffing levels in the clinical environment are not only important for planning and budgetary purposes and fundamental to quality patient care and safety, but they are often also specified for practice accreditation purposes and professional credentialing. The estimation of reasonable staffing levels to support radiotherapy services has often been loosely based on patient population size, infrastructure, equipment availability and disease incidence. Retrospective subjective estimates based on existing practice are often the benchmark for predicting future staffing needs locally. Detailed measurements of how long each procedure and activity takes to perform are probably the most objective basic evidence required to estimate fulltime equivalent staffing levels [10–13]. Such measurements are logically more useful and valid if they are performed in a variety of clinics, for a range of services and applied to professionals with a wide range of experience. There is likely to be bias in these documents due to work practices that are shaped by national economic and cultural norms. Median values obtained from national surveys have been used extensively to support medical physics staffing levels in North America [10–12]. Multinational studies have also been published [14–16].

It is unlikely that accurate time estimations of every possible procedure and activity can be obtained, as this is clearly an onerous activity. Also, new procedures are developed all the time and new technology is being introduced at an increasing rate. The activities associated with each procedure are therefore recognized as very dynamic measurands. Consequently, any workload staffing survey will always lag behind emerging technological developments by a considerable degree. When time estimates are not available, benchmarking against similar activities is an alternative, and professional expert consensus is the next best option.

Often, activities need to be grouped because some activities can only be performed safely if they are attended to by more than one person, such as treatment delivery. In some cases, more than one type of professional may need to be in attendance during a single procedure. On the other hand, not all procedures involve professional activities that are directly linked to equipment utilization.

In order to produce a universal guideline, agreement is necessary on the respective roles and responsibilities of each member of the professional team. Skill sets and competencies can vary significantly in different Member States. For instance, treatment planning is performed by medical dosimetrists in North America, who are a recognized professional group in the region. There are only a few other countries that have adopted this profession within their workforce, so in other regions, the equivalent competencies are performed by medical physicists, radiation therapists or radiation oncologists. As a result, ‘services’ better describe the staffing needs.

Differences in the terms and conditions of service are other variables. The number of working hours per week, annual leave days and the number of public holidays, for instance, differ substantially between countries. As a result, the algorithm includes the ability to adjust the definition of fulltime equivalent staff to local conditions.

A radiotherapy service is provided primarily by three professional groups: radiation oncologists, medical physicists and radiation therapists with additional support services provided by radiation oncology nurses, mechanical and electrical engineers and information technology (IT) experts. Optimal radiotherapy is only delivered when these professionals work together as a team to achieve a seamless process. The roles and responsibilities of these professionals are defined elsewhere [2, 17].

This algorithm represents an activity based approach to defining staffing levels and attempts to capture all activities over the entire radiotherapy workflow: patient related activities (all clinical assessments including follow-up, external beam and brachytherapy activities, and indirect patient care such as tumour boards), equipment related activities (including quality control procedures), specific complex techniques, educational and other non-clinical activities. Each activity has a total activity time in hours per activity (column F in the spreadsheet)

and is ultimately assigned a total number of person-hours (column AE). Each category of staff is assigned a factor of total activity time (F) which links their input to that activity. As many countries allocate more than two radiation therapists per EBRT treatment machine, cell N10 gives the possibility to choose between two and five radiation therapists per machine. This factor only applies to procedures on EBRT treatment machines. Total person-hours are the sum over all the professional categories assigned to an activity. The user defined number of working hours per day or per week accounting for annual leave (minus non-RT-treatment-related working hours — overhead) is used to define fulltime equivalence (FTE).

The individually identified procedures related to the workflow in a radiation oncology unit are listed vertically in column A. The personnel carrying out the activities have been categorized by service rather than profession as it is acknowledged that different professionals may carry out the same activity in different countries. In this way, the algorithm has been designed to offer maximum flexibility. The services defined are: radiation oncology, medical physics, radiotherapy, treatment planning, radiation oncology nursing, information technology, mechanical engineering and electronics engineering. The service group ‘treatment planning’ was introduced to provide flexibility for departments which recognize medical dosimetrists on the one hand, and for those in which radiation therapists or medical physicists perform this activity on the other.

Each activity has been defined in terms of an estimated total time frame within which it can be realistically completed based on best evidence or consensus based practice. The time has been further subdivided into the services typically attending to these activities. In this way, the time spent by each type of professional is estimated. The number of patients and the number of overall treatment sessions are entered by the user, and the entries indirectly reflect the technology and complexity level of the department practice. Estimates of time frame were taken from publications [12, 18–22] or expert advice.

The algorithm focuses on the routine practice found in most departments. Advanced technologies such as particle therapy, robotic radiotherapy, stereotactic radiosurgery and helical tomotherapy were not considered.

2.2. DESCRIPTION OF THE ALGORITHM

2.2.1. Therapeutic decision making and first consultation

This activity is carried out by the radiation oncologist, and may be carried out face to face or through a telephone discussion with the referring clinician. During this process, the radiation oncologist makes the decision as to whether radiotherapy is appropriate for the patient in question. Typically, the radiation oncology nurse assists at the first consultation in outlining the treatment process to the patient, and this activity is reflected in the algorithm.

During this activity, the radiation oncologist assesses the patient together with all available clinical, imaging and pathology data and decides on the best approach to treatment. The treatment options are then discussed with the patient and informed consent is obtained.

The input includes the total number of consultations per year, including the number of patients who only receive brachytherapy or those who are clinically assessed but do not receive radiotherapy or patients that are referred for a second course of treatment.

2.2.2. External beam radiotherapy (EBRT) technique: Imaging, planning and first set-up

It was found that many activities associated with patient preparation and treatment planning for external beam radiotherapy could be collapsed into one row based on the technique of radiotherapy offered. The procedures arising, commencing with the decision to prescribe radiotherapy, are dependent on the number of cases, and are included in this subsection. The user therefore decides what number of patients will receive 2-D, 2-D + TP (treatment planning), 3-D, IMRT or 4-D radiotherapy per year. The activities that are included in 2-D radiotherapy are conventional fluoroscopic simulation, field delineation on the subsequent images or clinical mark-up on the patient, the manual calculation of the treatment times and the first set-up. 2-D + TP includes the use of at least a single contour (manual or CT) in order to produce a basic isodose distribution and calculate the treatment times. It also includes treatment plan approval, simulation and verification of the treatment plan, and the first set-up. 3-D includes CT simulation, contouring of the volumes, treatment planning, treatment plan approval, simulation and verification of the treatment plan, and the first set-up. IMRT and 4-D include the same activities as 3-D;

however, the activity time is different. All activity times also include the independent check of the approved dose plan. 4-D may include an IMRT technique but patients should not be double counted under IMRT.

2.2.3. EBRT: Additional activities

2.2.3.1. Patient positioning and immobilization for EBRT

The optimum patient position and immobilization method to achieve the desired treatment goal is selected and the necessary reference marking completed. The algorithm divides this process into three categories: simple, using standard immobilization devices (e.g. breast board), customized (e.g. thermoplastic masks) and complex, which includes stereotactic fixation frames. The sum of these procedures may not necessarily be equal to the total number of cases; for example, clinical markups with no positioning or immobilization aids are already considered under the technique.

2.2.3.2. Additional image acquisition for EBRT and activities related to target volume definition

Since image acquisition and target volume delineation are included in the workflow during imaging, planning and first set-up, these procedures refer to the use of additional modalities in order to improve the target definition, for example, MRI and PET/CT studies.

2.2.3.3. Block cutting and accessories

This activity includes fabrication of treatment aids, construction of custom blocks, compensating filters and any other beam modifying devices as necessary. The total number of devices that are manufactured per year needs to be entered here.

2.2.3.4. Treatment delivery

Treatment delivery includes all activities that occur while a patient is on treatment. The activities have been listed separately in order to adapt the algorithm to local institutional policies and relate the workload to complexity.

A wide range of practices are in place for imaging during treatment and are dictated largely by locally available resources and policy. The most common methods currently in use are included, i.e. the number of portal imaging sessions per year and the procedures to follow daily image guidance procedures. For instance, the total number of imaging procedures from patients receiving daily imaging for the first week, followed by weekly imaging, would have to be averaged over all such patients in a year. There is no distinction made between different types of in-room imaging, for example portal imaging vs. kilovoltage (kV) radiographs vs. cone-beam CT. The fundamental difference in the algorithm between portal imaging sessions and daily image guidance procedures is the involvement of the radiation oncologist. It is assumed that the radiation oncologist will review and approve all in-room images but different factors are applied for portal imaging vs. daily image guidance. The number of in vivo dosimetry procedures per annum is then entered.

Three different treatment time slots (1, 2 and 3 slots or appointments) have been defined to capture the time that the patient is in the treatment room. In addition, 4-D and SBRT appear separately, noting that the session must only be counted once; for example, an SBRT patient may be receiving 4-D treatment and should then only be counted against a SBRT session, and vice versa. The product of the total number of fractions (treatment sessions) and the number of patients per annum must be entered against each type of appointment. One time slot is equivalent to 12 minutes and the presence of a minimum of two radiation therapists is mandatory at the external beam treatment units. The number of radiation therapists per treatment machine can vary between two and five.

Adaptive radiotherapy implies that there is regular monitoring of the patient with IGRT, which may result in re-optimization of the treatment plan during the course of treatment if there are significant changes in the patient or disease. In the spreadsheet, there is no separate procedure for this and the average number of additional sessions should be included in the imaging, planning, first set-up and treatment procedures.

‘Chart checks’ refers to the time taken for regular control of the treatment charts to confirm the delivered dose per fraction, the total dose to date, that quality control activities were performed, that patient review was carried out and that any changes that were made to the set-up or prescription have been considered.

‘Evaluation during treatment’ refers to the clinical evaluation of tumour response and assessment of the patient during a course of treatment. For in-patients, this may take place daily on ward rounds but for outpatients this is often performed as a weekly review consultation. It was found that the overall total time dedicated to on treatment review was the same for in- and out-patients [22].

2.2.4. Brachytherapy

Brachytherapy insertions have been defined in terms of their complexity ranging from a simple insertion with a rigid applicator for cervical cancer, for instance, to a complex procedure, to a permanent prostate seed implant. The time allocation is consistent with complexity.

Image acquisition is the same as for EBRT with the exception of the pre-insertion ultrasound, which is specific to permanent prostate seed implants. The most commonly used methods have been listed separately.

The times for treatment planning of brachytherapy procedures reflect the level of complexity of the procedure. In some instances, planning will be carried out simultaneously with the insertion procedure, as in the case of permanent prostate seed implant, which is called prostate pre- and post-plan.

HDR brachytherapy delivery is the average number of fractions multiplied by the number of patients per year. Applicator removal and patient recovery reflects the time spent by the radiation oncologist in removing the applicator. The patient recovery time in the radiotherapy area, including radiation oncology nursing support, is also calculated in this field. If the recovery area is in a ward with different nursing support, then the number of radiation oncology nurses must be reduced. It is assumed that patients receiving LDR treatment are not attended to by specialized oncology nursing services. For brachytherapy applications, it is assumed that one radiation therapist is present for all imaging procedures and is in attendance during the actual treatment.

2.2.5. Equipment (technology or areas)

The full range of equipment used in radiotherapy is included in this list. The activity hours per year related to each piece of equipment includes initial commissioning, all routine quality control, and maintenance activities. The time dedicated to these activities per year have been assumed to be the same regardless of the replacement interval of the equipment. Even though national recommendations for regular upgrading, updating or replacement of equipment (hardware and software) [23] may exist, it is assumed that older equipment will be subject to major breakdowns and therefore the annual medical physics and engineering support will remain the same overall. Only the number of medical physics, engineering and IT support staff are linked to the number of pieces of equipment. The number of individual pieces of equipment, systems, complements or areas is required as a user input. The number of rows has been collapsed when different equipment has similar total time and time per type of service.

2.2.6. Specific complex techniques

The input for highly complex techniques requires the actual number of procedures performed per year. Stereotactic radiosurgery (SRS) refers to a single fraction application and includes all activities including fitting the frame, treatment planning and calculation, machine specific QC, treatment delivery and patient support.

Total body irradiation (TBI) can be delivered as a single fraction or multiple fractions. Each patient session must be included. The time includes pre-treatment measurements and dosimetry calculations, treatment delivery and patient support.

Intraoperative radiotherapy (IORT) is limited to a smaller number of departments. The intraoperative radiotherapy unit may be housed in a dedicated treatment area or may be stored in an existing linear accelerator bunker and used at dedicated times during the week. The total activity time includes allocations for radiotherapy staff to attend theatre sessions outside the department, to carry out machine preparation, dose planning, calculations and treatment delivery.

Total skin electron treatment (TSET) is usually carried out in a limited number of specialist centres with the necessary expertise in this treatment. The input is the number of patients per annum (and not the number of fractions or sessions). The activity time allocated reflects the complexity of the dosimetry, patient preparation and treatment delivery.

2.2.7. Other factors

The input required is the maximum percentage of time dedicated to the activity by any single category or service. The factors in the spreadsheet are adjusted (between 0 and 1) to reflect the extent to which other categories of service are involved in that particular activity.

‘Follow-up evaluations’ refers to patient follow-up, both immediately following treatment and in the longer term. It does not refer to follow-up carried out by a non-radiotherapy professional such as the referring surgeon. Since most radiation oncologists dedicate a known number of hours to follow-up clinics, the input is most easily estimated as a percentage of their time. The assumption is that they are assisted by radiation oncology nurses.

Indirect patient care (including peer review and attendance at multidisciplinary clinics or tumour boards) refers to the multidisciplinary meetings attended primarily by the radiation oncologists where the initial treatment decision is taken. This can also refer to other interdisciplinary meetings where new patient plans are discussed prior to treatment, films are reviewed, morbidity and mortality is discussed, and so on, and such meetings would also be attended by medical physicists, treatment planners and/or radiation therapists [22].

Research and development work goes beyond the implementation of techniques developed by others and includes development of new clinical techniques, new technologies and new treatment protocols. This activity includes all the related activities associated with participation in a clinical trial. There will be a wide variation depending on the scope and complexity of the individual trials and the data to be collected. Where departments have data managers employed outside the professional disciplines listed, they should be added to the personnel. All centres may be involved in some level of research but it is anticipated that the workload will be higher in academic centres. Students may also be completing research projects associated with their education programmes and may require additional assistance and support. Medical physics staff may be involved in the development of specific software to be used in the department. Ideally, a measurement should be made of the percentage of time that is dedicated to this type of work. This may be an ongoing component of the medical physics service or it may be a one off activity.

Classroom teaching includes time allocated to education and training of students and residents/registrars. The number and the discipline of the attending students and residents/registrars will vary significantly between academic and non-academic centres. Teaching students and residents/registrars requires a substantial time commitment and this should not be underestimated when calculating workload and staffing levels. Education can include giving lectures, demonstrations or tutorials in an academic setting, and also the clinical education of students and residents/registrars on clinical placement in the department. If assessment of students or residents/registrars is also required, this can take significantly more time.

‘Administration — management’ (including internal audits) relates to additional administrative responsibilities held within the department. Where there is a designated manager with responsibility for an area, this is a specific position rather than an additional activity, but must be accounted for when calculating the overall staffing levels.

Internal audit should be a continuous activity with the aim of having significant parts of the overall audit programme covered once a year. Internal audit is useful to address a range of individual topics on an ongoing basis. It requires a significant time commitment from all disciplines, but especially from the medical physics service.

All staff should be encouraged to participate in continuing education and this has an additional impact on staffing levels, and the percentage of time allocated to this activity is used in the calculation. The percentage should consider the annual requirement for continuing education for maintaining national registration if applicable, or an approximation of the time needed to remain competent. An accurate assessment of the time involved is necessary to ensure that a full complement of staff is present at all times during normal working hours. Where staff are actively involved in developing or delivering continuing education courses or sessions, additional time should be factored in.

Radiation safety activities include attendance at radiation safety and quality assurance committee meetings, and radiation safety training. Attendance at radiation safety and quality assurance committee meetings is advisable for all staff and is essential to maintain a safe environment for both staff and patients. Time to attend these meetings and to carry out any subsequent activities are factored into the staffing calculations for all five professional services.

Radiation safety training is usually required for all staff working in a radiotherapy environment and the percentage of time allocated can be entered in this field. 'Other' refers to any non-patient contact activity that has not been captured above. This could include benefits that are specific to a region or country.

3. WORKED EXAMPLES

The algorithm has been tested by a number of centres and the feedback received was varied. Most respondents however, only compared their existing staffing levels with the output of the tool and therefore implicitly assumed that their local resources were a true reflection of optimal practice.

Clearly, the results for environments that require for instance, more than two radiation therapists to operate treatment or imaging equipment, will result in an underestimation of staffing. This was revealed in pilot tests performed on North American and United Kingdom facilities, for instance, where national skill sets, work practice and legislation are different in this respect. The option to modify the number of radiation therapists per teletherapy machine was introduced for this reason. In addition, when medical physicists perform some or all the treatment planning activities, their number will be underestimated and the number of treatment planners should be added to the medical physics staffing.

On the other hand, the medical physics annual hours dedicated to equipment are based on the measured median quality assurance effort time per year, assuming annual re-commissioning checks and a catastrophic failure event on the treatment units requiring complete re-commissioning every five years. The amortization and age of the equipment are therefore not embedded in the calculation. In some instances, this may overestimate the medical physics staffing levels, particularly if less intensive quality assurance programmes are maintained or if some quality control activities are delegated to the radiation therapists or engineers. However, it should be noted that medical physics service hours dedicated to both equipment and clinical activities as used by the algorithm are supported by most published evidence.

The basic radiotherapy service as defined in an IAEA publication on setting up a radiotherapy programme [2], consists of a single energy megavoltage unit, an orthovoltage unit, a conventional simulator and access to a CT scanner, a HDR brachytherapy service with a treatment planning system and a C arm, a 3-D treatment planning system for external beam treatment, a mould room, a workshop and a basic suite of dosimetry equipment. The centre is assumed to service 500 new patients per year, 40% of whom are treated using 2-D techniques; 50% of patients receive a simple plan based on a contour and a basic calculation. It is assumed that 10% of patients receive customized immobilization followed by 3-D CT-based treatment planning for conformal radiotherapy treatment, and 400 accessories are produced overall. Brachytherapy is received by 200 patients, in addition to teletherapy, and all brachytherapy is assumed to be delivered in 3 fractions (600 applications). External beam treatment is delivered in 5000 slots (appointments or visits) of 12 minutes and 5000 slots of 24 minutes each (resulting in approximately 1.5 shifts of 8 h each per day). It is assumed that all patients receive in vivo dosimetry once during their external beam treatment and that there are two portal imaging checks per patient. The detailed parameters input to the staffing algorithm for the basic radiotherapy service are given in the Appendix (in Table 4). The IAEA recommends staffing levels for this service to be 4–5 radiation oncologists, 3–4 medical physicists, 7 radiation therapists and 3 oncology nurses [2]. The staffing level is shown in Table 1. It is therefore evident that the tool provides reasonable results for resource constrained low and middle income countries.

TABLE 1. EXAMPLE OF A BASIC RADIOTHERAPY SERVICE

Staff group	Radiation oncology	Medical physics	Radiotherapy	Treatment planning
RT planning and treatment related working time	46%	73%	77%	76%
Fulltime equivalent	4.0	2.9	6.5	0.3

A large academic facility in a middle income country was also considered. The facility is assumed to consist of 4 dual modality linear accelerators (1 with multileaf collimator and 2 with electronic portal imaging devices), 2 cobalt teletherapy units, 1 orthovoltage unit, 2 conventional simulators, 1 CT simulator, 2 high dose rate brachytherapy units, each with a dedicated treatment planning system and C arm, a 3-D external beam treatment planning system with up to 10 workstations, an integrated record and verify system (Intranet), a mould room, a workshop and a more extensive set of absolute and relative dosimetry equipment compared to the low income example. It is assumed that 2500 new patients per annum were treated, 1200 of whom were treated using 2-D techniques, 600 with basic contouring, 690 with 3-D CT based planning techniques and 10 with IMRT. 2500 accessories are manufactured, while 700 patients receive customized immobilization devices, and there are 1800 in vivo dosimetry procedures. There are 6000 portal imaging sessions, 41 600 single slot treatments and 16 500 double slot treatments (approximately 1 shift of 8 h on each treatment unit). It is assumed that 2600 brachytherapy procedures are delivered using a simple 2-D technique in addition to external beam treatment (i.e. 800 patients received 3 fractions each). The detailed parameters input to the staffing algorithm for this example are given in the Appendix (in Table 5). The staffing level calculated for this setting is shown in Table 2. The calculated number of medical physicists is in close agreement with a previous Australasian recommendation [13]. The number of courses per radiation oncologist was found to be approx. 170, which is below the traditional recommendation of 200–250 courses per radiation oncologist [2]; however, the significant workload of brachytherapy in this example justifies the increased number of radiation oncologists.

TABLE 2. EXAMPLE OF A LARGE ACADEMIC FACILITY IN A MIDDLE INCOME COUNTRY

Staff group	Radiation oncology	Medical physics	Radiotherapy	Treatment planning
RT planning and treatment related working time	61%	70%	83%	78%
Fulltime equivalent	14.8	11.4	30.4	2.4

A large academic facility in a high income country was also considered. The facility is equipped with 9 megavoltage treatment units, servicing 4000 new patients per annum, over 50% of whom are treated with IMRT or 4-D techniques. Specialized services such as SBRT (150 patients per annum), total body irradiation (12 patients per annum) and permanent prostate seed implants (50 patients per annum) were included. 1200 HDR brachytherapy procedures are delivered with two afterloaders, of which 700 have 3-D plans, most of those based on CT or MR imaging. The detailed parameters input to the staffing algorithm for this example are given in the Appendix (in Table 6). The calculated staffing levels are shown in Table 3. The number of medical physicists is in reasonable agreement with the Ontario staffing model [10].

TABLE 3. EXAMPLE OF A LARGE ACADEMIC FACILITY IN A HIGH INCOME COUNTRY

Staff group	Radiation oncology	Medical physics	Radiotherapy	Treatment planning
RT planning and treatment related working time	61%	70%	83%	78%
Fulltime equivalent	19.5	20.7	53.7	12.0

Note that the calculated fulltime equivalent for all staff groups is highly dependent on the percentage of time allocated to non-radiotherapy treatment related activities (i.e. those activities identified in ‘other factors’ in the last block of the spreadsheet). Tables 1 to 3 show the percentage of time for each staff group allocated to radiotherapy planning and treatment considered in the three worked examples. Departments should carefully consider the weighting of these other factors when applying the staffing algorithm.

4. GUIDANCE

Calculation of staffing levels based on the time needed to perform all activities in the radiotherapy department is preferable to the use of estimations based only on the number of patients per annum, especially when advanced and specialized techniques are used. The same applies to algorithms which only consider the number of treatment machines. Transition from simpler to advanced technologies does not necessarily result in a pro rata increase in staffing. Use of the staffing algorithm requires a certain level of understanding of radiotherapy practice because of the amount of detail required in inputting relevant parameters. The community would benefit from more evidence based time keeping studies as this would enhance the accuracy and reliability of the algorithm, especially in advanced technologies. This is a highly dynamic environment, however, and therefore a lag in evidence is to be expected.

Appendix

NON-ZERO INPUT PARAMETERS FOR EXAMPLE FACILITIES

TABLE 4. NON-ZERO INPUT PARAMETERS TO THE STAFFING ALGORITHM FOR THE EXAMPLE OF A BASIC RADIOTHERAPY SERVICE

Parameter	Value	Parameter	Value
Working hours per day	8	kV therapy — Co-60 — MV single energy	2
Working days per week	5	X ray — C arm	1
Annual leave (working days) + public holidays	40	Brachytherapy HDR — LDR	1
Number of consultations/y	500	Fluoroscopic sim — CT option on simulator — CT sim — CT option on LINAC	2
Number of cases/y: 2-D	200	3-D treatment planning system up to 10 workstations	1
Number of cases/y: 2-D + TP	250	Absolute dosimetry equipment	2
Number of cases/y: 3-D	50	Relative dosimetry equipment	1
Patient positioning/immobilization for EBRT: simple	250	Survey and monitoring equipment	1
Patient positioning/immobilization for EBRT: customized	50	In vivo dosimetry	1
Block cutting / accessories	400	Automatic/manual block cutter	1
Portal imaging sessions	1 000	Workshop (patient accessories, devices, etc.)	1
In vivo dosimetry	500	Follow-up evaluations	25%
Total No. fractions: 1 slot	5 000	Indirect patient care (tumour boards, etc.)	20%
Total No. fractions: 2 slots	5 000	Administration — management (incl. internal auditing)	5%
Chart check	2 000	Continuing education	4%
Evaluation during treatment	2 000	Radiation safety activities	6%
Brachytherapy insertion: simple	600		
Image acquisition brachytherapy: 2-D sim — CT sim 3-D	600		
Treatment planning brachytherapy: 2-D + (films)	600		
Brachytherapy delivery HDR	600		
Applicator removal / patient recovery	600		

TABLE 5. NON-ZERO INPUT PARAMETERS TO THE STAFFING ALGORITHM FOR THE EXAMPLE OF A LARGE ACADEMIC FACILITY IN A MIDDLE INCOME COUNTRY

Parameter	Value	Parameter	Value
Working hours per day	8	kV therapy — Co-60 — MV single energy	3
Working days per week	5	X ray — C arm	2
Annual leave (working days) + public holidays	40	MV multiple energies/modalities	4
Number of consultations/y	2 500	Complements (multileaf collimator, electronic portal imaging devices)	3
Number of cases/y: 2-D	1 200	Brachytherapy HDR — LDR	2
Number of cases/y: 2-D + TP	600	Fluoroscopic sim — CT option on simulator — CT sim — CT option on LINAC	3
Number of cases/y: 3-D	690	3-D treatment planning system up to 10 workstations	1
Number of cases/y: IMRT	10	R&V (record and verify) network / Intranet	1
Patient positioning/immobilization for EBRT: simple	1 800	Absolute dosimetry equipment	8
Patient positioning/immobilization for EBRT: customized	700	Relative dosimetry equipment	2
Additional image acquisition for EBRT: MRI and PET/CT	20	Survey and monitoring equipment	1
Addition activities related to treatment volume definition: Image fusion (PET/CT, MRS, etc.)	20	In vivo dosimetry	1
Block cutting/accessories	2 500	Automatic/manual block cutter	2
Portal imaging sessions	6 000	Workshop (patient accessories, devices etc.)	1
In vivo dosimetry	1 800	Total skin electron treatment	5
Total No. fractions: 1 slot	41 600	Follow-up evaluations	10%
Total No. fractions: 2 slots	16 500	Indirect patient care (tumour boards, etc.)	10%
Chart check	11 250	Research and development work	5%
Evaluation during treatment	11 250	Classroom teaching	5%
Brachytherapy insertion: simple	2 600	Administration — management (incl. internal auditing)	5%
Image acquisition brachytherapy: 2-D sim — CT sim 3-D	2 600	Continuing education	4%
Treatment planning brachytherapy: 2-D + (films)	2 600	Radiation safety activities	6%
Brachytherapy delivery HDR	2 600		
Applicator removal / patient recovery	2 600		

TABLE 6. NON-ZERO INPUT PARAMETERS TO THE STAFFING ALGORITHM FOR THE EXAMPLE OF A LARGE ACADEMIC FACILITY IN A HIGH INCOME COUNTRY

Parameter	Value	Parameter	Value
Working hours per day	8	Treatment planning brachytherapy: 2-D + (films)	500
Working days per week	5	Treatment planning brachytherapy: 3-D	700
Annual leave (working days) + public holidays	40	Treatment planning brachytherapy: Prostate pre- + post-plan	50
Number of consultations/y	4 000	Brachytherapy delivery HDR	1 200
Number of cases/y: 2-D	500	Applicators removal/patient recovery	1 200
Number of cases/y: 2-D + TP	500	kV therapy — Co-60 — MV single energy	4
Number of cases/y: 3-D	1 000	X ray — C arm	2
Number of cases/y: IMRT	1 800	MV multiple energies/modalities	6
Number of cases/y: 4-D	200	Complements (multileaf collimator / electronic portal imaging devices)	20
Patient positioning/immobilization for EBRT: simple	2 300	Fluoroscopic sim — CT option — CT sim — CT option on LINAC	8
Patient positioning/immobilization for EBRT: customized	1 000	Brachytherapy HDR — LDR	2
Patient positioning/immobilization for EBRT: complex	400	Fluoroscopic sim — CT option on simulator — CT sim — CT option on LINAC	3
Additional image acquisition for EBRT: MRI and PET/CT	200	3-D treatment planning system up to 10 workstations	2
Addition activities related to TV definition: Image fusion (PET/CT, MRS, etc.)	200	4-D treatment planning system up to 10 workstations	1
block cutting/accessories	1 500	MRI, PET/CT, 4-D CT Sim, SPECT-CT	2
Portal imaging sessions	16 000	R&V network/Intranet	1
Daily image guidance	3 000	Absolute dosimetry equipment	10
In vivo dosimetry	4 000	Relative dosimetry equipment	4
Total No. fractions: 1 slot	26 000	Survey and monitoring equipment	2
Total No. fractions: 2 slots	26 000	In vivo dosimetry	4
Total No. fractions: 3 slots	20 000	Automatic/manual block cutter	2
Total No. fractions: 4-D excluding SBRT	4 000	Workshop (patient accessories, devices, etc.)	1
Total No. fractions: SBRT	150	Total body irradiation	12

TABLE 6. NON-ZERO INPUT PARAMETERS TO THE STAFFING ALGORITHM FOR THE EXAMPLE OF A LARGE ACADEMIC FACILITY IN A HIGH INCOME COUNTRY (cont.)

Parameter	Value	Parameter	Value
Chart check	16 000	Follow-up evaluations	10%
Evaluation during treatment	16 000	Indirect patient care (tumour boards, etc.)	10%
Brachytherapy insertion: simple	1 000	Research and development work	5%
Brachytherapy insertion: complex	200	Classroom teaching	5%
Brachytherapy insertion: permanent prostate	50	Administration and management (incl. internal auditing)	5%
Image acquisition brachytherapy: 2-D sim – CT sim 3-D	700	Continuing education	4%
Image acquisition brachytherapy: MRI and PET/CT	500	Radiation safety activities	6%
Image acquisition brachytherapy: pre-insertion ultrasound	50		

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